

Hoffman's Sign Test

Patient's Full Name:

Date Examined:

Physician's Full Name:

What You Need

Two chairs

Instructions

- Have your patient sit down.
- Tell them to relax the whole time.
- Pick one of their hands and position it in a way that ensures the dorsiflexion at the wrist and the partial flexion of their fingers.
- Hold the patient's partially extended middle finger and stabilize the proximal joint using your index finger and middle finger.
- Once their middle finger is in position, you need to perform a flick of your thumb (you must ensure that it makes contact with the nail of your patient's middle finger).
- The flick doesn't have to be too strong. It needs to be abrupt.

Results

Negative: no involuntary movement when the middle finger is flicked

Positive: the index finger and thumb flexed involuntarily

Additional Comments