

Blood Pressure Monitoring

Patient Information:

- Name:
- Date of Birth:
- Date of Visit:
- Next Appointment:

Level	Systolic	Diastolic	Pulse Rate
Normal Range	90-120 mm Hg	60-80 mm Hg	60-100 bpm
Elevated Range	121-129 mm Hg	81-89 mm Hg	Above 100 bpm
Hypertension Stage 1	130-139 mm Hg	90-99 mm Hg	Above 100 bpm
Hypertension Stage 2	140 mm Hg or higher	90 mm Hg or higher	Above 100 bpm

Blood Pressure Readings:

- Systolic Pressure (mm Hg):
- Diastolic Pressure (mm Hg):
- Pulse Rate (bpm):

Recommendations:

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Action Plan:

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Additional Notes:

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Provider Signature: