

HGB Levels Chart

Hemoglobin Levels	Interpretation
Below 12 g/dL	Low (Anemia)
12 - 16 g/dL	Normal
Above 16 g/dL	High (Polycythemia)

Instructions:

1. **Record Date:**

2. **Patient Information:**

- Name:
- Age:
- Gender:
- Medical History:

3. **Hemoglobin Levels:** Insert Hemoglobin Value (g/dL) in the corresponding date row.

Date	Hemoglobin Level (g/dL)

4. **Interpretation:**

- **Review of Chart:**
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- **Consultation with the Patient:**
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- **Determining Interventions:**
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Notes:

- **Normal Range Considerations:**

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- **Diet and Lifestyle Factors:**

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- **Follow-Up Plan:**

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