

Hemoglobin A1C (HbA1c) Test Chart

Date: _____

Name: _____ Date of birth: _____ Sex: ☐ Male ☐ Female

Contact: _____ Referring physician: _____

Mobile: _____ Name: _____

Email: _____ Practice: _____

HbA1c reference range chart:

Ranges may vary based on individual factors and guidelines from local or international associations.

Parameter	Normal range	Prediabetes	Diabetes
HbA1c (%)	4.0 – 5.6%	5.7 – 6.4%	≥ 6.5%
HbA1c (mmol/mol)	20 – 38 mmol/mol	39 – 46 mmol/mol	≥ 48 mmol/mol

HbA1c monitoring

Date	Time	HbA1c (%)	Reference range	Result	Details
				Low Normal High	
				Low Normal High	
				Low Normal High	
				Low Normal High	
				Low Normal High	

Notes:

Physician's signature: _____ Date: _____

Pagana, K. D., Pagana, T. J., & Pagana, T. N. (2019). Mosby's diagnostic & laboratory test reference (14th ed.). Elsevier.

Eyth, E., & Naik, R. (2023). Hemoglobin A1C. In StatPearls. StatPearls Publishing