

Height Chart

Name			Date			
Gender			Age			
Age/ Stage	Boys (Feet)	Boys (Inches)	Boys (Centimeters)	Girls (Feet)	Girls (Inches)	Girls (Centi- meters)
Newborn	1	18-22	46-56	1	18-22	46-56
1 year	2	28-33	71-83	2	28-32	71-81
2 years	2	32-37	81-94	2	31-36	79-91
3 years	2	35-40	89-102	2	34-38	86-96
4 years	3	37-42	94-107	3	36-40	91-101
5 years	3	39-45	99-114	3	38-44	96-111
6 years	3	41-47	104-119	3	40-46	101-117
7 years	3	43-49	109-124	3	42-48	107-122
8 years	3	45-51	114-129	3	44-50	112-127
9 years	3	47-54	119-137	3	46-52	117-132
10 years	4	50-57	127-145	4	48-54	122-137
11 years	4	52-60	132-152	4	50-59	127-150
12 years	4	54-64	137-163	4	52-61	132-155
13 years	4	56-67	142-170	4	54-63	137-160
14 years	4	58-68	147-173	4	55-65	140-165
15 years	5	60-69	152-175	4	57-67	145-170
16 years	5	61-70	155-178	4	58-68	147-173
17 years	5	62-71	157-180	4	59-69	150-175
18 years	5	64-72	163-183	5	60-70	152-178
19 years +	5	64-72	163-183	5	60-70	152-178

Adult Men	5	66-69	168-175	-	-	-
Adult Women	5	62-65	157-165	-	-	-

Findings and recommendations

Additional notes