

Height Chart

| Name | | | Date | | | |
|---------------|----------------|------------------|--------------------|-----------------|-------------------|-----------------------------|
| Gender | | | Age | | | |
| Age/ Stage | Boys (Feet) | Boys (Inches) | Boys (Centimeters) | Girls (Feet) | Girls (Inches) | Girls (Centi- meters) |
| Newborn | 1 | 18-22 | 46-56 | 1 | 18-22 | 46-56 |
| 1 year | 2 | 28-33 | 71-83 | 2 | 28-32 | 71-81 |
| 2 years | 2 | 32-37 | 81-94 | 2 | 31-36 | 79-91 |
| 3 years | 2 | 35-40 | 89-102 | 2 | 34-38 | 86-96 |
| 4 years | 3 | 37-42 | 94-107 | 3 | 36-40 | 91-101 |
| 5 years | 3 | 39-45 | 99-114 | 3 | 38-44 | 96-111 |
| 6 years | 3 | 41-47 | 104-119 | 3 | 40-46 | 101-117 |
| 7 years | 3 | 43-49 | 109-124 | 3 | 42-48 | 107-122 |
| 8 years | 3 | 45-51 | 114-129 | 3 | 44-50 | 112-127 |
| 9 years | 3 | 47-54 | 119-137 | 3 | 46-52 | 117-132 |
| 10 years | 4 | 50-57 | 127-145 | 4 | 48-54 | 122-137 |
| 11 years | 4 | 52-60 | 132-152 | 4 | 50-59 | 127-150 |
| 12 years | 4 | 54-64 | 137-163 | 4 | 52-61 | 132-155 |
| 13 years | 4 | 56-67 | 142-170 | 4 | 54-63 | 137-160 |
| 14 years | 4 | 58-68 | 147-173 | 4 | 55-65 | 140-165 |
| 15 years | 5 | 60-69 | 152-175 | 4 | 57-67 | 145-170 |
| 16 years | 5 | 61-70 | 155-178 | 4 | 58-68 | 147-173 |
| 17 years | 5 | 62-71 | 157-180 | 4 | 59-69 | 150-175 |
| 18 years | 5 | 64-72 | 163-183 | 5 | 60-70 | 152-178 |
| 19 years + | 5 | 64-72 | 163-183 | 5 | 60-70 | 152-178 |

| | | | | | | |
|--------------------|---|-------|---------|---|---|---|
| Adult Men | 5 | 66-69 | 168-175 | - | - | - |
| Adult Women | 5 | 62-65 | 157-165 | - | - | - |

Findings and recommendations

Additional notes