

Heart Rate Chart

Patient information	
Full name:	Age:
Date assessed:	
Normal heart rate chart	
Age group	Heart rate (bpm)
Preterm	120 to 180 bpm
Newborns (0 to 1 month)	100 to 160 bpm
Infants (1 to 12 months)	80 to 140 bpm
Toddler (1 to 3 years)	80 to 130 bpm
Preschool (3 to 5 years)	80 to 110 bpm
School age (6 to 12 years)	70 to 100 bpm
Adolescents (13 to 18 years) and Adults	60 to 100 bpm
Findings	
Current heart rate:	
Additional notes:	