

Heart Failure Nursing Care Plan

Patient Name:

Age:

Medical History:

Current Medications:

Allergies:

Vital Signs

BP:

HR:

RR:

Temp:

Weight (for fluid status monitoring):

Oxygen Saturation:

Edema Assessment:

Lung Sounds:

Heart Sounds:

Signs of Fatigue/Weakness:

Dietary Intake & Fluid Restriction Compliance:

Psychosocial Assessment:

Nursing Diagnosis:

- Fluid Volume Overload
- Decreased Cardiac Output
- Activity Intolerance
- Knowledge Deficit
- Other:

Short-Term Goals:

Long-Term Goals:

Interventions

- Monitor vital signs and fluid status regularly.
- Administer prescribed medications and monitor for side effects.
- Educate on low-sodium diet and fluid restrictions.
- Encourage a gradual increase in activity.
- Provide heart failure management education.
- Coordinate with physical therapy.
- Assess lung sounds for fluid accumulation.

Additional Notes:

Nurse's Signature

Name:

Date: