

# Heart Calcium Score Chart

## Patient information

Full name:

Date of birth:

Gender: [ ] Male [ ] Female [ ] Other:

Patient ID:

Contact number:

Email address:

## Identify at-risk factors:

- Above 30
- Diabetes
- Smoker (present and past)
- High blood pressure
- High cholesterol
- Obesity
- Elevated triglycerides
- Family history of heart disease

## Interpretations of coronary calcium scores:

<b>Calcium score</b>	<b>Interpretation</b>	<b>Risk of myocardial infarction/stroke at 10 years</b>
0	Very low risk	<1%
1–100	Low risk	<10%
101–400	Moderate risk	10–20%
101–400 and >75th percentile	Moderately high risk	15–20%
>400	High risk	>20%

## Patient results

Calcium score:

Interpretation:

**Physician's notes and recommendations**

Physician's signature:

Date: