

Hand Nerve Test

Patient Information

Name:	
Age:	Date:
Contact Number:	

Symptom Description

Describe the symptoms that led to the hand nerve tests:

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Tinel's Test

During Tinel's Test, tap lightly over specific nerve pathways, such as the median nerve, and record any sensations experienced:

Area Tested	Sensations (e.g., Tingling, Pins and Needles)	Time of Occurrence (if applicable)

Phalen's Test

During Phalen's Test, gently flex the wrist to put pressure on the median nerve and record any sensations:

Wrist Position	Sensations (e.g., Tingling, Pins and Needles)	Time of Occurrence (if applicable)

Overall Impression:

Share your overall experience during the hand nerve tests. Is there anything else you'd like to communicate about your symptoms or concerns?

Healthcare Provider's Notes:

Record any additional observations, comments, or recommendations:

Next Steps:

Outline the recommended actions or follow-up steps based on the hand nerve test results: