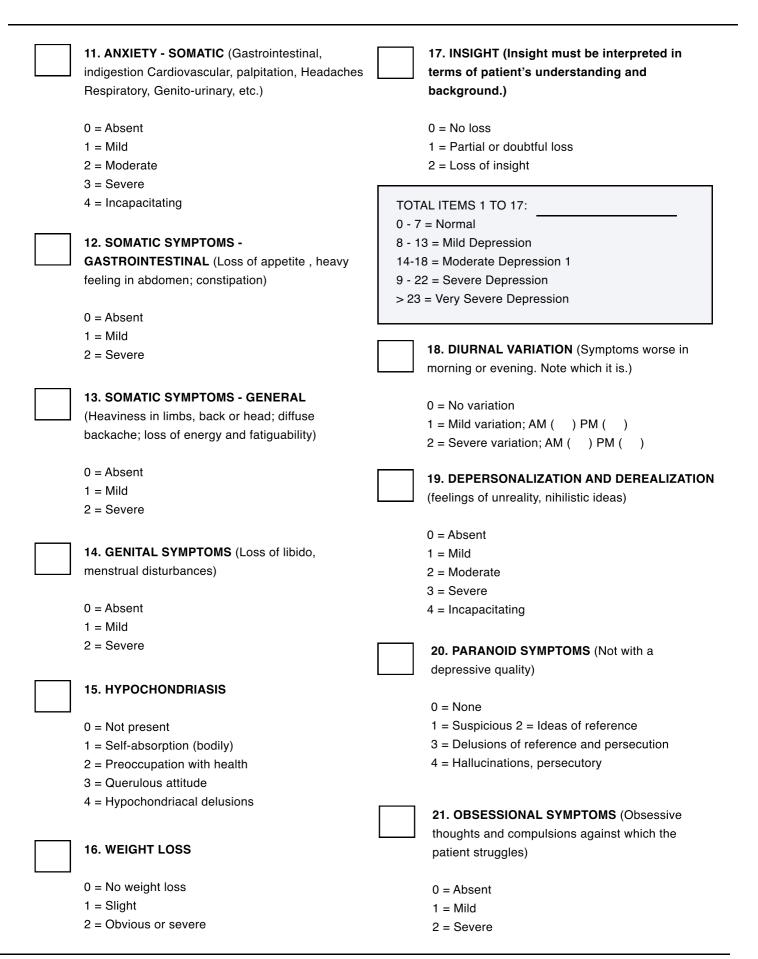
Hamilton Depression Rating Scale (HAM-D)

Name:	Date:
The HAM-D is designed to rate the severity of depression in patients. Although it contains 21 areas, calculate the patient's score on the first 17 answers.	
(To be administered by a health care professional)	
1. DEPRESSED MOOD (Gloomy attitude, pessimism about the future, feeling of sadness, tendency to weep)	6. INSOMNIA - Delayed (Waking in early hours of the morning and unable to fall asleep again)
0 = Absent 1 = Sadness, etc. 2 = Occasional weeping 3 = Frequent weeping 4 = Extreme symptoms	0 = Absent 1 = Occasional 2 = Frequent 7. WORK AND INTERESTS
2. FEELINGS OF GUILT 0 = Absent 1 = Self-reproach, feels he/she has let people down 2 = Ideas of guilt 3 = Present illness is a punishment; delusions of guilt 4 = Hallucinations of guilt	 0 = No difficulty 1 = Feelings of incapacity, listlessness, indecision and vacillation 2 = Loss of interest in hobbies, decreased social activities 3 = Productivity decreased 4 = Unable to work. Stopped working because of present illness only. (Absence from work after treatment or recovery may rate a lower score).
3. SUICIDE	8. RETARDATION (Slowness of thought, speech, and activity; apathy; stupor.)
0 = Absent 1 = Feels life is not worth living 2 = Wishes he/she were dead 3 = Suicidal ideas or gestures 4 = Attempts at suicide	0 = Absent 1 = Slight retardation at interview 2 = Obvious retardation at interview 3 = Interview difficult 4 = Complete stupor
 4. INSOMNIA - Initial (Difficulty in falling asleep) 0 = Absent 1 = Occasional 2 = Frequent 	9. AGITATION (Restlessness associated with anxiety.) 0 = Absent
5. INSOMNIA - Middle ((Complains of being restless and disturbed during the night. Waking during the night.)	1 = Occasional 2 = Frequent 10. ANXIETY - PSYCHIC
0 = Absent 1 = Occasional 2 = Frequent	0 = No difficulty 1 = Tension and irritability 2 = Worrying about minor matters 3 = Apprehensive attitude 4 = Fears



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Reference: Hamilton M. A rating scale for depression. J Neurol Neurosurg Psychiatry 1960; 23:56-62



