# Glucose Tolerance Test

| **Patient Information:** |
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| Full Name: Leo Hoover |
| Age: 42 |
| Gender: Male |
| Date of Birth: 01/15/1981 |
| Address: 123 Elm Street, Springfield |
| Contact Number: (123) 456-7890 |
| Email Address: |
| **Medical History:** |
| Have you been previously diagnosed with diabetes? (Yes / No): No |
| Are you currently on any medication? (Yes / No): Yes<br>If yes, please list: Atenolol |
| Have you had any surgeries in the past? (Yes / No): No<br>If yes, please specify: |
| Do you have any known allergies? (Yes/No): Yes<br>If yes, please specify: Penicillin |
| Family history of diabetes: (Yes / No): Yes |
| **Findings/Diagnosis** |
| Fasting Blood Glucose Level: 85_____ mg/dL |
| 1-hour Blood Glucose Level: 180_____ mg/dL |
| 2-hour Blood Glucose Level: 140_____ mg/dL |
| 3-hour Blood Glucose Level: 100_____ mg/dL |
| **Diagnosis** |
| ☑ Normal<br>☐ Impaired Glucose Tolerance<br>☐ Diabetes |

## Recommendations

- [x] Lifestyle modifications (diet, exercise, etc.)
- [ ] Medication
- [ ] Referral to a specialist
- [ ] Other:

## Follow Up

Next Appointment Date: 02/15/2023

Notes for Patient:

Continue monitoring diet and exercise regularly. Avoid sugary foods and beverages.

Additional Tests Recommended:
Annual physical exam and cholesterol check.

Doctor's Signature: Date: