GI Review of Systems

Patient Information:

Name: John Doe

Age: 45

Date of Birth: January 15, 1978

Gender: Male

Medical Record Number: MRN12345

Date of Visit: December 10, 2023

Chief Complaint: Experiencing abdominal pain and changes in bowel habits.

Onset: Gradual over the past month

Duration: Persistent

Severity: Moderate

Dietary History

Regular meals with no significant changes.

Prefers a balanced diet.

No recent changes in eating patterns reported.

Bowel Habits

Bowel movements three times a week.

Normal consistency.

No signs of blood or unusual color reported.

Abdominal Pain

Presence: Yes

Location: Lower right quadrant

Intensity: Mild to moderate

Duration: Continuous, intermittent sharp pain

Nausea and Vomiting

Frequency: Occasional nausea, no vomiting.

Triggers: None reported.

Weight Changes

Lost 5 pounds in the last month.

Attributes weight loss to decreased appetite.

Digestive System History
History of acid reflux.

No prior gastrointestinal surgeries.

Medication and Allergies
Omeprazole for acid reflux.

No known allergies or adverse reactions reported.

Social and Lifestyle Factors
Non-smoker.

Moderate alcohol consumption (2 drinks/week).

Stress levels is rated at 4 on a scale of 1-10.

Review of Systems
No significant findings in non-gastrointestinal symptoms.

Physical Examination
Abdominal examination revealed tenderness in the lower right quadrant.

No palpable masses or organ enlargement noted.

Summary and Recommendations
Preliminary assessment suggests possible gastrointestinal issue.

Recommend further diagnostic tests (e.g., abdominal imaging, colonoscopy).

Advise maintaining a food diary to track symptoms.

Follow-up Plan
Schedule follow-up appointment in two weeks.

Order abdominal imaging for further evaluation.

Patient Education
Provide information on the importance of tracking symptoms.

Share resources on maintaining a healthy gastrointestinal system.

Provider Signature

Provider Name: Dr. Emily Smith, MD

Date: December 10, 2023