

# Gender Identity Quiz

Affirmed name: \_\_\_\_\_ Age: \_\_\_\_\_

Please answer the following questions honestly and to the best of your ability. There are no right or wrong answers, and your responses will remain confidential.

## Questions

What is your biological sex assigned at birth?

- ☐ Male
- ☐ Female
- ☐ Intersex

How do you currently identify your gender?

- ☐ Male
- ☐ Female
- ☐ Non-binary
- ☐ Genderqueer
- ☐ Genderfluid
- ☐ Agender
- ☐ Other (please specify):

Have you ever felt that your gender identity does not match the sex you were assigned at birth?

- ☐ Yes
- ☐ No
- ☐ Sometimes

How do you typically express your gender?

- ☐ Through clothing and appearance
- ☐ Through behavior and interests
- ☐ Through preferred pronouns (e.g., he/him, she/her, they/them)
- ☐ Other (please specify):

## Questions

Have you experienced any challenges or discrimination based on your gender identity?

- ☐ Yes
- ☐ No
- ☐ Not sure

How do you feel about societal expectations regarding gender roles?

- ☐ Comfortable
- ☐ Somewhat comfortable
- ☐ Uncomfortable
- ☐ Not sure

Do you believe that there are only two genders (male and female)?

- ☐ Yes
- ☐ No
- ☐ Not sure

How important is it for you to have your gender identity recognized and respected by others?

- ☐ Very important
- ☐ Somewhat important
- ☐ Not very important
- ☐ Not sure

Have you ever explored or considered alternative gender identities beyond the binary?

- ☐ Yes
- ☐ No
- ☐ Not sure

Not sure How do you feel about discussing gender identity and diversity in society?

- ☐ Comfortable
- ☐ Somewhat comfortable
- ☐ Uncomfortable
- ☐ Not sure