

Gender Identity Quiz

Affirmed Name:

Age:

Please answer the following questions honestly and to the best of your ability. There are no right or wrong answers, and your responses will remain confidential.

Questions:

What is your biological sex assigned at birth?

- Male
- Female
- Intersex

How do you currently identify your gender?

- Male
- Female
- Non-binary
- Genderqueer
- Genderfluid
- Agender
- Other (please specify): _____

Have you ever felt that your gender identity does not match the sex you were assigned at birth?

- Yes
- No
- Sometimes

How do you typically express your gender?

- Through clothing and appearance
- Through behavior and interests
- Through preferred pronouns (e.g., he/him, she/her, they/them)
- Other (please specify): _____

Have you experienced any challenges or discrimination based on your gender identity?

- Yes
- No
- Not sure

How do you feel about societal expectations regarding gender roles?

- Comfortable
- Somewhat comfortable
- Uncomfortable
- Not sure

Do you believe that there are only two genders (male and female)?

- Yes
- No
- Not sure

How important is it for you to have your gender identity recognized and respected by others?

- Very important
- Somewhat important
- Not very important
- Not sure

Have you ever explored or considered alternative gender identities beyond the binary?

- Yes
- No
- Not sure

How do you feel about discussing gender identity and diversity in society?

- Comfortable
- Somewhat comfortable
- Uncomfortable
- Not sure