

Gender Dysphoria Treatment Plan

Client Information	
Name:	
Age:	
Gender Identity:	
Date of Initial Assessment:	
Health Background	
Brief medical history:	
Any past or current treatments related to gender dysphoria:	
Current medications and dosages:	
Any other relevant mental health diagnoses:	
Treatment Plan	
Goals:	

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Treatment Plan

Interventions:

Timeline:

Referral:

Client signature and date: