

# Gastric Sleeve Weight Loss Chart

Patient's Name:

Date of Birth:

Gender:

Height:

Ideal Weight:

Excess Weight:

Date of Gastric Sleeve Surgery:

Today's Date: (                      months after surgery)

Current Weight (post-surgery):

Referring Physician's Name:

Current Weight	Month 3 Excess weight loss 30%	Month 6 Excess weight loss 50%	Month 12 Excess weight loss 70%
400	324	273	222
350	289	248	207
300	254	223	192
250	219	198	177
200	184	173	162

Note: Individual results may vary.

New Weight:

Additional Notes:

Source: Elli, R., PhD. (2023, September 25). *Gastric Sleeve weight loss Timeline, Chart [2020] - What to expect!* Mexico Bariatric Center.