Gastric Sleeve Weight Loss Chart

Patient's Name:		
Date of Birth:	Gender:	
Height:		
Ideal Weight:		
Excess Weight:		
Date of Gastric Sleeve Surgery:		
Today's Date:	(months after surgery)
Current Weight (post-surgery):		

Current Weight	Month 3 Excess weight loss 30%	Month 6 Excess weight loss 50%	Month 12 Excess weight loss 70%
400	324	273	222
350	289	248	207
300	254	223	192
250	219	198	177
200	184	173	162

Note: Individual results may vary.

Referring Physician's Name:

New Weight:

Additional Notes:

Source: Elli, R., PhD. (2023, September 25). *Gastric Sleeve weight loss Timeline, Chart [2020] - What to expect!* Mexico Bariatric Center.