Functional Oral Intake Scale

| Assess your patient's oral intake by observing their ability to chew, swallow and consume food. Afterward, determine the most appropriate FOIS level based on what you observed, taking into account any necessary modifications such as pureed or thickened foods that may affect their oral intake. Check the box of the level that best describes your patient's oral intake abilities. | |
|--|---|
| FOIS level | Description |
| 1 | Nothing by mouth |
| <u> </u> | Tube dependent with minimal attempts of food or liquid |
| <u> </u> | Tube dependent with consistent oral intake of food or liquid |
| 4 | Total oral diet of a single consistency |
| <u> </u> | Total oral diet with multiple consistencies, but required special preparation or compensation |
| <u> </u> | Total oral diet with multiple consistencies without special preparation but with specific food limitations. |
| | |

Total oral diet with no restriction

Additional Notes