

# Fructosamine Levels Chart

## Medical Institution Details

Name: \_\_\_\_\_

Address: \_\_\_\_\_

Phone Number: \_\_\_\_\_

Website: \_\_\_\_\_

## Patient Details

Full Name: \_\_\_\_\_

Date of Birth: \_\_\_\_/\_\_\_\_/\_\_\_\_

Gender: \_\_\_\_\_

Patient ID: \_\_\_\_\_

Contact Number: \_\_\_\_\_

Email Address: \_\_\_\_\_

Referred by Dr./Physician: \_\_\_\_\_

## Test Details

Date Sample Collected: \_\_\_\_/\_\_\_\_/\_\_\_\_

Date of Analysis: \_\_\_\_/\_\_\_\_/\_\_\_\_

Lab Technician: \_\_\_\_\_

Lab ID or Location: \_\_\_\_\_

## Fructosamine Levels Interpretation Chart

Parameter	Result	Reference Range	Interpretation
Fructosamine ( $\mu\text{mol/L}$ )		Typically 205-285 $\mu\text{mol/L}$	

## Symptoms Reported by Patient

- Fatigue or tiredness
- Increased thirst
- Frequent urination
- Blurred vision
- Slow-healing sores or frequent infections
- Unexplained weight loss
- Other: \_\_\_\_\_

## Related Tests and Results

Test Name	Result	Reference Range
HbA1c (%)		4.0-5.6% (Non-diabetic)
Fasting Blood Glucose (mg/dL)		70-100 mg/dL (Normal)
Postprandial Blood Glucose (mg/dL)		<140 mg/dL (Normal)

## Interpretation Guide

### Normal:

Indicates good glucose control over the past 2-3 weeks.

### Elevated:

Suggests poor glucose control over the past 2-3 weeks, which might indicate the need for adjustments in diabetes management.

### Low:

Can suggest overly aggressive glucose control, which might increase the risk of hypoglycemic episodes.

## Comments

## Recommendations (if any)

- 1.
- 2.
- 3.

## Disclaimer

The Fructosamine Levels Chart provides insights into average blood glucose levels over the past 2-3 weeks. It's essential to interpret the results in conjunction with clinical observations and other diagnostic evaluations. Any concerns or anomalies should be discussed with a healthcare professional.

<b>Signature of Lab Technician:</b>		<b>Date:</b>	
<b>Signature of Supervising Pathologist:</b>		<b>Date:</b>	