

Allergy Management Plan

Allergen Avoidance

Write down allergy, avoidance strategy, and alternative foods/suggestions here.

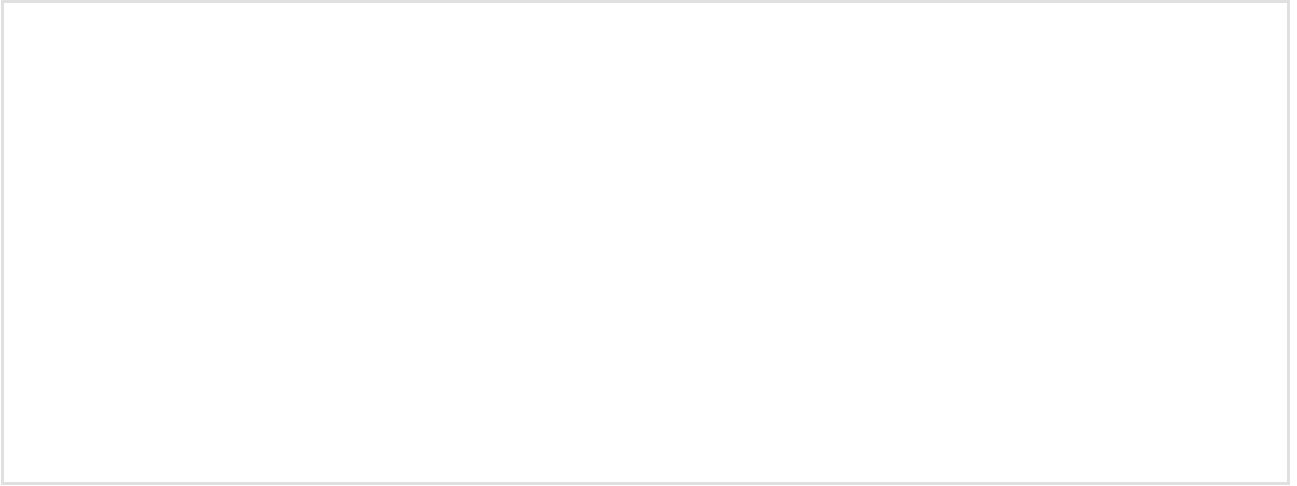
Emergency Action Plan

Write down what to do when there are signs of allergic reaction here.

Prescribed Medications

Write down the prescribed medication, dosage, and administration instructions here.

Additional notes:

A large, empty rectangular box with a thin black border, intended for additional notes or comments. It occupies the upper half of the page below the 'Additional notes:' label.