

# Food Allergies List

<b>Name:</b>			
<b>Allergen List</b>			
<b>Peanuts:</b>	<b>Shellfish</b>	<b>Fish</b>	<b>Less Common Allergens</b>
<input type="checkbox"/> Chestnuts <input type="checkbox"/> Tree Nuts <input type="checkbox"/> Almonds <input type="checkbox"/> Walnuts <input type="checkbox"/> Cashews <input type="checkbox"/> Hazelnuts (also known as filberts) <input type="checkbox"/> Pistachios <input type="checkbox"/> Brazil nuts <input type="checkbox"/> Pecans <input type="checkbox"/> Macadamia nuts <input type="checkbox"/> Pine nuts (also known as pignoli nuts) <input type="checkbox"/> Other:	<input type="checkbox"/> Shrimp <input type="checkbox"/> Crab <input type="checkbox"/> Lobster <input type="checkbox"/> Crawfish (also known as crayfish) <input type="checkbox"/> Clams <input type="checkbox"/> Mussels <input type="checkbox"/> Oysters <input type="checkbox"/> Scallops <input type="checkbox"/> Squid (calamari) <input type="checkbox"/> Octopus <input type="checkbox"/> Others:	<input type="checkbox"/> Salmon <input type="checkbox"/> Tuna <input type="checkbox"/> Cod <input type="checkbox"/> Trout <input type="checkbox"/> Halibut <input type="checkbox"/> Sole <input type="checkbox"/> Flounder <input type="checkbox"/> Haddock <input type="checkbox"/> Bass <input type="checkbox"/> Sardines <input type="checkbox"/> Anchovies <input type="checkbox"/> Others:	<input type="checkbox"/> Celery <input type="checkbox"/> Sulfites (found in certain wines, dried fruits, and processed foods) <input type="checkbox"/> Corn <input type="checkbox"/> Coconut <input type="checkbox"/> Avocado <input type="checkbox"/> Kiwi <input type="checkbox"/> Pineapple <input type="checkbox"/> Mango <input type="checkbox"/> Papaya <input type="checkbox"/> Cherry

<b>Other Common Allergens</b>	
<input type="checkbox"/> Milk <input type="checkbox"/> Eggs Soy <input type="checkbox"/> Wheat <input type="checkbox"/> Sesame Seeds <input type="checkbox"/> Mustard	

**Additional Notes**