

# Finger-to-Nose Coordination Test

<b>Patient's Name:</b>
<b>Date of Test:</b>
<b>Date of Birth:</b>
<b>Gender:</b>
<b>Medical History (if needed):</b>
<b>Reason for Test (if needed):</b>
<b>Physician Name:</b>

## Instructions for Finger-to-Nose Coordination Test

1. Stand in front of your patient.
2. Hold out your hand at eye level at around 12 inches away from your patient.
3. Ask them to touch your index finger with their right index finger, then touch their nose with their right index finger immediately after.
4. Repeat multiple times, moving your finger a few in the four directions - up, down, left, and right.
5. Repeat steps 2-3 with the patient's left index finger.

## Interpretation

Normal if:

- Patient touches finger and nose accurately in all directions.

Abnormal if:

- The patient's finger is unsteady and unable to touch the moving target.

## Results

- Normal
- Abnormal

## **Notes**

## **Reference:**

Thompson, J. (2018). *Essential Health Assessment*. Philadelphia, PA: F.A. Davis