

Femoral Nerve Entrapment Test

Patient information

Name:

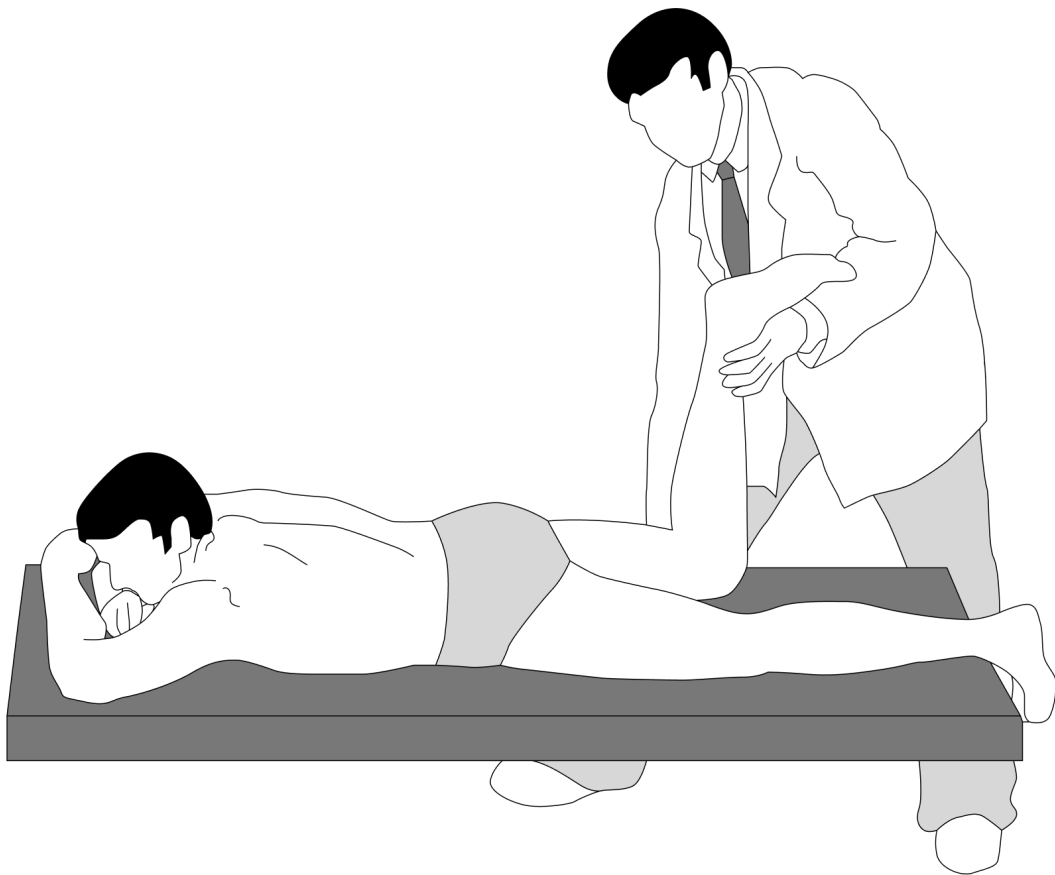
Date of birth:

Practitioner:

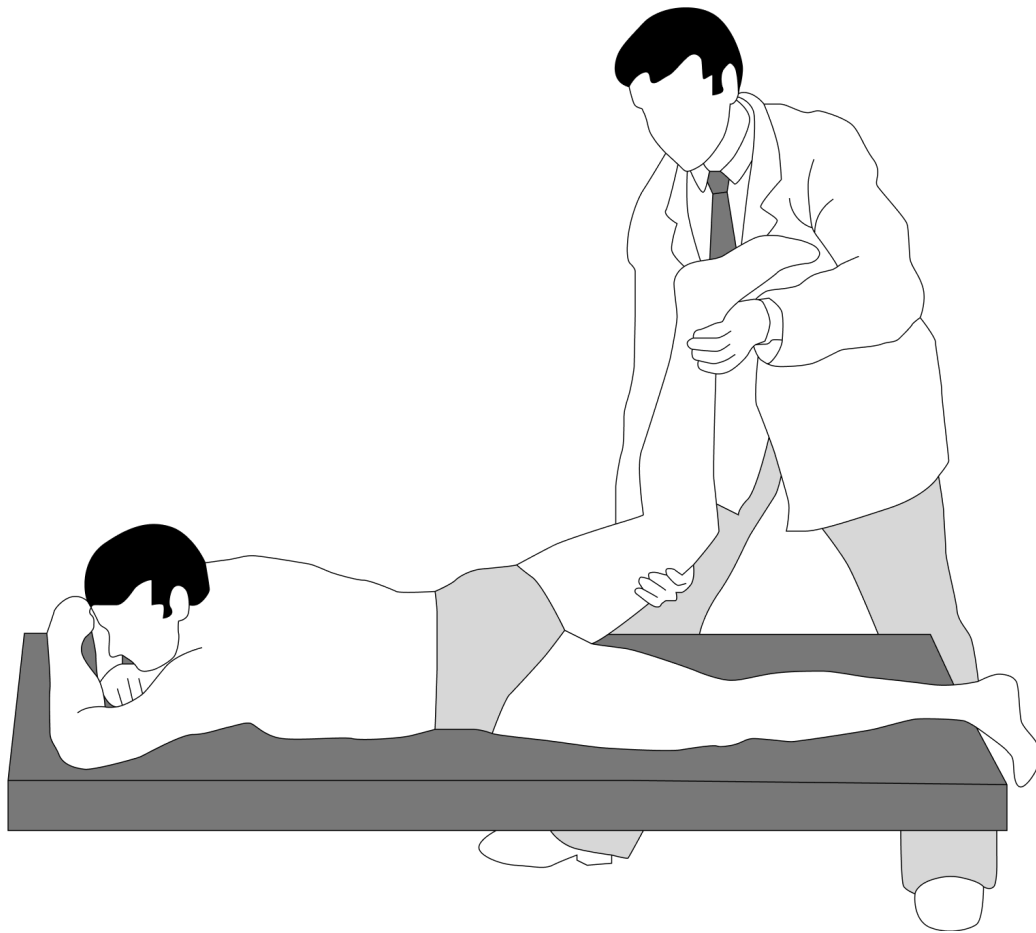
Date:

Instructions

1. Have your patient in a prone position or lying face down. You may provide a pillow to place under their abdomen for their comfort.
2. Bend or flex the knee 90 degrees.



3. Hyperflex the knee or push the ankle downwards or towards the buttocks.



4. If the patient doesn't show any symptoms, stabilize the hip with one hand, lift the knee, and push the ankle towards the buttocks once more.

Result

- ☐ **Positive:** A positive Femoral Nerve Entrapment Test result is indicated by tightness in the anterior thigh or a shooting, stabbing, or burning sensation suggestive of nerve pain.
- ☐ **Negative:** A negative Femoral Nerve Entrapment Test result shows no pain, shooting, stabbing, or burning sensations in the anterior thigh, indicating no nerve irritation or compression.

Additional notes