

) HP DO \$ FXSXQFWUH 3 RLQW & KDUW

Frequently selected by practitioners:

1. LU1 (Zhongfu) - Lung Meridian
2. LU7 (Lieque) - Lung Meridian
3. LI4 (Hegu) - Large Intestine Meridian
4. LI11 (Quchi) - Large Intestine Meridian
5. ST36 (Zusanli) - Stomach Meridian
6. ST44 (Neiting) - Stomach Meridian
7. SP6 (Sanyinjiao) - Spleen Meridian
8. SP9 (Yinlingquan) - Spleen Meridian
9. HT7 (Shenmen) - Heart Meridian
10. PC6 (Neiguan) - Pericardium Meridian
11. SI3 (Houxi) - Small Intestine Meridian
12. UB40 (Weizhong) - Bladder Meridian
13. UB60 (Kunlun) - Bladder Meridian
14. KI3 (Taixi) - Kidney Meridian
15. GB20 (Fengchi) - Gallbladder Meridian
16. GB34 (Yanglingquan) - Gallbladder Meridian
17. LR3 (Taichong) - Liver Meridian
18. CV6 (Qihai) - Conception Vessel
19. CV12 (Zhongwan) - Conception Vessel
20. GV20 (Baihui) - Governing Vessel
21. GV26 (Renzhong) - Governing Vessel

Additional notes: