Fear of Happiness Scale (Joshanloo)

Patient's full name:														
[Date assess	ed:												
(Clinician's full name:													
	Please rate the	ne extent to wh	nich you a	gree v	with	n each s	tate	ment	, using t	he scale	e from 1	to 7 as		
٥	snown below.													
	1	1 2 3			4			5 A little agree		6		7		
	Strongly disagree				Neither agree nor disagree					Somewh		Strongly agree		
	Statement			1		2		3	4	5	6	7		
	because	not to be too jo e usually joy is l by sadness	-											
	and hap	e the more che py I am, the m expect bad thir my life.	ore I								0			
	3. Disaster fortune.	s often follow	good											
		ots of joy and bad things to h												
	5. Excessive consequ	ve joy has som Jences	ne bad											

References

Joshanloo, M. (2013). The influence of fear of happiness beliefs on responses to the satisfaction with life scale. Personality and Individual Differences, 54(5), 647-651. https://doi.org/10.1016/j.paid.2012.11.011

Joshanloo, M., Lepshokova, Z. Kh., Panyusheva, T., Natalia, A. Poon, W.C., Yeung, V.W., Sundaram, S., Achoui, M., Asano, R., Igarashi, T., Tsukamoto, S., Rizwan, M., Khilji, I., A., Ferreira, M.C., Pang, J.S., Ho, L.S., Han, G., Bae, J., & Jiang, D. (2014). Crosscultural validation of the fear of happiness scale across 14 national groups. Journal of cross-cultural psychology, 45(2), 246-264. https://doi.org/10.1177/0022022113505357