

Eye Movement Test

Patient Information:

Name:
Date of Birth:
Date of Assessment:
Healthcare Practitioner:

Instructions:

1. Horizontal Gaze:

- Instruct the patient to follow a target horizontally using their eyes only.
- Note any signs of smooth pursuit or saccadic movements.
- Record observations.

2. Vertical Gaze:

- Repeat the process vertically, assessing upward and downward eye movements.
- Document any irregularities or limitations.

3. Convergence Reflex:

- Ask the patient to focus on a near object and then shift to a distant one.
- Evaluate the ability to smoothly adjust focus.
- Document findings.

4. Tracking Movements:

- Use a moving target to assess the patient's ability to track smoothly.
- Observe for any jerky or inconsistent tracking.

Results:

- **Horizontal Gaze:**

- Normal:* Smooth pursuit without saccades.
- Abnormal:* Jerky movements, saccades, or other irregularities.

- **Vertical Gaze:**

- Normal:* Smooth upward and downward movements.
- Abnormal:* Limited range, hesitation, or irregularities.

- **Convergence Reflex:**

- Normal:* Smooth transition between near and far objects.
- Abnormal:* Difficulty in adjusting focus, double vision, or delays.

- **Tracking Movements:**

- Normal:* Consistent and smooth tracking.
- Abnormal:* Inconsistent tracking, jerky movements.

Interpretation: