Equality Wheel

NON VIOLENCE

NEGOTIATION AND FAIRNESS

Seeking mutually satisfying resolutions to conflict

- · Accepting change · Being willing to
- compromise

ECONOMIC PARTNERSHIP

Making money decisions together

· Making sure both partners benefit from financial arrangements.

SHARED RESPONSIBILITY

Mutually agreeing on a fair distribution of work

· Making family decisions together

NON-THREATENING BEHAVIOR

Talking and acting so that she feels safe and comfortable expressing herself and doing things.

RESPECT

Listening to her nonjudgmentally

· Being emotionally affirming and understanding

Valuing opinions

TRUST AND SUPPORT

Supporting her goals in life

· Respecting her right to her own feelings, friends, activities, and opinions.

RESPONSIBLE PARENTING

Sharing parental responsibilities

· Being a positive nonviolent role for the children

HONESTY AND ACCOUNTABILITY

Accepting responsibility for self

- Acknowledging past use of violence
- · Admitting being wrong
- Communicating openly and truthfully

VIOLENCE

EQUALITY

