

EMT Vital Signs Chart

Date:

Patient information		
Name:	Date of birth:	Gender:
Medical history (if needed):	Allergies and/or medications (if needed):	Symptoms and/or chief complaints (if needed):

EMT Vital Signs Chart				
Ages	Heart rate (beats per minute)	Respiratory rate (breaths per minute)	Blood pressure (mmHg)	Temperature (°F)
Infancy (Birth to 1 year)	100 to 160 (first 30 minutes) Settling around 120 bpm	40 to 60 initially 30 - 40 after the first few minutes 20 to 30 by 1 year	70 at birth to 90 at 1 year	98-100
Toddler (12 to 36 months) Preschool age (3 to 5 years)	80 to 130 bpm 80 to 120 bpm	20 to 30 20 to 30	70 to 100 80 to 110	96.8 - 99.6
School-age children (6 to 12 years)	70 to 110 bpm	20 to 30	80 to 120	98.6
Adolescence (13 to 18 years)	55 to 105 bpm	12 to 20	100 to 120	98.6
Early adulthood (20 to 40 years)	70 bpm (average)	16 to 20	120/80 (average)	98.6
Middle adulthood (41 to 60 years)	70 bpm (average)	16 to 20	120/80 (average)	98.6
Late adulthood (61 years and older)	Depends on the patient's physical and health status	Depends on the patient's physical and health status	Depends on the patient's physical and health status	98.6

