

EMT Vital Signs Chart

Patient's Name: _____

Date of Birth: _____

Gender: _____

Medical History: _____

Allergies and/or Medications: _____

Chief Complaints: _____

EMT Vital Signs Chart

Ages	Heart Rate	Respiratory Rate	Systolic Blood Pressure (mmHg)	Temp (°F)
Infancy (Birth to 1 Year)	100 to 160 (first 30 minutes) Settling around 120 bpm	40 to 60 initially 30-40 after first few minutes. 20-30 by one year	70 at Birth to 90 at 1 year	98-100
Toddler (12 to 36 Months) & Preschool Age (3 to 5 Years)	80 to 130 bpm 80 to 120 bpm	20 to 30 20 to 30	70 to 100 80 to 110	96.8-99.6
School-Age Children (6 to 12 Years)	70 to 110 bpm	20 to 30	80 to 120	98.6
Adolescence (13 to 18 Years)	55 to 105 bpm	12 to 20	100 to 120	98.6
Early Adulthood (20 to 40 Years)	70 bpm average	16 to 20 (12-20 normal)	120/80 average	98.6
Middle Adulthood (41 to 60 Years)	70 bpm average	16 to 20 (12-20 normal)	120/80 average	98.6
Late Adulthood (61 Years and Older)	Depends on patient's physical and health status.	Depends on patient's physical and health status.	Depends on patient's physical and health status.	98.6

Results

- Heart Rate: _____
- Respiratory Rate: _____
- Systolic Blood Pressure: _____
- Temperature: _____

Additional Notes:

Source: *NEMSES Vital Signs Chart*. (n.d.). <https://www.emt-national-training.com/vitals.php>