

# DSM 5 Substance Use Disorder Criteria

Client name:

Chart number:

Criteria	Meets Criteria?	Notes / Supporting Information
1. Substance often taken in larger amounts or over a longer period than intended.	<input type="checkbox"/> Yes <input type="checkbox"/> No	
2. Persistent desire or unsuccessful efforts to cut down or control the substance use.	<input type="checkbox"/> Yes <input type="checkbox"/> No	
3. A great deal of time is spent in activities necessary to obtain the substance, use the substance, or recover from its effects.	<input type="checkbox"/> Yes <input type="checkbox"/> No	
4. Craving or a strong desire to use the substance.	<input type="checkbox"/> Yes <input type="checkbox"/> No	
5. Recurrent substance use resulting in failure to fulfill major role obligations at work, school, or home.	<input type="checkbox"/> Yes <input type="checkbox"/> No	
6. Continued substance use despite having persistent or recurrent social or interpersonal problems caused or exacerbated by the effects of the substance.	<input type="checkbox"/> Yes <input type="checkbox"/> No	
7. Important social, occupational, or recreational activities are given up or reduced because of substance use.	<input type="checkbox"/> Yes <input type="checkbox"/> No	

8. Recurrent substance use in situations in which it is physically hazardous.	<input type="checkbox"/> Yes <input type="checkbox"/> No	
9. Continued use despite knowledge of having a persistent or recurrent physical or psychological problem that is likely to have been caused or exacerbated by the substance.	<input type="checkbox"/> Yes <input type="checkbox"/> No	
10. *Tolerance, as defined by either of the following:  a. A need for markedly increased amounts of the substance to achieve intoxication or desired effect.  b. Markedly diminished effect with continued use of the same substance.	<input type="checkbox"/> Yes <input type="checkbox"/> No	
11. *Withdrawal, as manifested by either of the following:  a. The characteristic withdrawal for the substance.  b. The same (or closely related) substance is taken to relieve or avoid withdrawal symptoms.	<input type="checkbox"/> Yes <input type="checkbox"/> No	

(Disclaimer: This criterion is not considered to be met for those individuals taking prescription opiates solely under medical supervision.)

Signed:

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Date:

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Reference: Criteria from American Psychiatric Association (2013). Diagnostic and Statistical Manual of Mental Disorders, Fifth Edition. Washington, DC, American Psychiatric Association page 541