## Drinking Motives Questionnaires

Name (Optional):
Date:
Age:
Gender:
Instructions: Please read each statement carefully. Indicate how often each statement is true for you by selecting the appropriate option: "Almost Never/ Never (1)", "Some of the Time (2)", "Half of the Time (3)", "Most of the Time (4)", "Almost Always/ Always (5)".

| Statement | Almost <br> Never/ <br> Never | Some of <br> the Time | Half of <br> the Time | Most of <br> the Time | Almost <br> Always/ <br> Always |
| :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- |
| Social Motives |  |  |  |  |  |


| I drink to reduce stress or relax. | $\square 1$ | $\square 2$ | $\square 3$ | $\square 4$ | $\square 5$ |
| :---: | :---: | :---: | :---: | :---: | :---: |
| Conformity Motives |  |  |  |  |  |
| I drink because my friends pressure me to drink. | $\square 1$ | $\square 2$ | $\square 3$ | $\square 4$ | $\square 5$ |
| I drink to fit in with a group I like. | $\square 1$ | $\square 2$ | $\square 3$ | $\square 4$ | $\square 5$ |
| I drink because I want to be accepted by others. | $\square 1$ | $\square 2$ | $\square 3$ | $\square 4$ | $\square 5$ |

