Drinking Motives Questionnaires

Name (Optional):												
Date:												
Age:												
Gender:												
Instructions: Please read each statement carefully. Indicate how often each statement is true for you by selecting the appropriate option: "Almost Never/ Never (1)", "Some of the Time (2)", "Half of the Time (3)", "Most of the Time (4)", "Almost Always/ Always (5)".												
Statement	Almost Never/ Never		Some of the Time		Half of the Time		Most of the Time		Almost Always/ Always			
Social Motives												
I drink to be more sociable.		1		2		3		4		5		
I drink because it helps me enjoy parties.		1		2		3		4		5		
I drink to celebrate with friends.		1		2		3		4		5		
Enhancement Motives												
I drink because I like the feeling.		1		2		3		4		5		
I drink to get a buzz or high.		1		2		3		4		5		
I drink because it's exciting.		1		2		3		4		5		

1

1

2

2

3

5

5

4

4

Coping Motives

problems.

I drink to forget my

I drink when I'm feeling

down or depressed.

I drink to reduce stress or relax.	1	2	3	4	5
Conformity Motives					
I drink because my friends pressure me to drink.	1	2	3	4	5
I drink to fit in with a group I like.	1	2	3	4	5
I drink because I want to be accepted by others.	1	2	3	4	5