

Disturbed Thought Process Nursing Care Plan

Patient Information	
Name:	
Age:	Gender:
Medical Record Number:	Date of Admission:
Diagnosis:	
I. Assessment	
Subjective Data	Objective Data
<ul style="list-style-type: none"> • Patient reports feelings of confusion and difficulty concentrating. • Expresses experiences of auditory hallucinations and delusional thinking. 	<ul style="list-style-type: none"> • Observed speaking to self and reacting to unseen stimuli. • Disorganized thoughts during conversations noted. • Review of medical history shows previous psychiatric hospitalizations.
II. Nursing Diagnosis	
Primary Diagnosis	Secondary Diagnosis
Disturbed thought processes related to schizophrenia as evidenced by disorganized thinking, hallucinations, and delusions.	<ul style="list-style-type: none"> • Risk for self-harm related to delusional thinking and command hallucinations. • Social isolation related to difficulty maintaining relationships due to psychosis.
III. Planning	
Short-Term Goals	Long-Term Goals
<ul style="list-style-type: none"> • Patient will report a decrease in frequency of hallucinations within one week. • Patient will demonstrate organized thought processes in daily interactions over the next 5 days. 	<ul style="list-style-type: none"> • Patient will develop and utilize skills to manage symptoms of schizophrenia and improve reality orientation. • Patient will engage in social activities within the community by discharge.
IV. Interventions	
Medication Management	

Cognitive Behavioral Therapy
Reality Orientation
Social Skills Training
V. Evaluation
<ul style="list-style-type: none"> • Review and document the patient's response to medications and therapies daily. <ul style="list-style-type: none"> • Assess progress towards short-term goals weekly and adjust care plan based on patient's current needs and responses. • Document achievement of long-term goals and prepare for community reintegration with appropriate support systems in place.
VI. Documentation and Communication
<ul style="list-style-type: none"> • Document all care provided, patient's progress, and any changes in condition. <ul style="list-style-type: none"> • Ensure all interdisciplinary team members are updated on the patient's status and care plan adjustments.
Healthcare Provider Information
Doctor's Name and Signature:
Date Signed:

Note: This template provides a structured approach to managing a patient with schizophrenia experiencing severe thought disturbances, integrating medication, therapy, and daily interventions aimed at improving mental health and promoting recovery.