# Disability Rating Scales Assessment 

## Patient Information

Name: Jane Smith
Date of Birth: March 15, 1965
Medical Condition: Stroke (right-side hemiparesis)
Assessment Date: August 10, 2023

## Selected Disability Rating Scale

Scale Name: Barthel Index
Domains Assessed: Mobility, Self-Care

## Assessment Process

## 1. Introduction

Introduced the assessment to Jane and her daughter, explaining that the Barthel Index will help evaluate Jane's ability to perform daily activities.
2. Observation

Observed Jane attempting to stand, walk with assistance, and transfer from bed to chair. Noticed difficulty in maintaining balance and coordination due to right-side weakness.

## 3. Questioning

Asked Jane about her ability to bathe, dress, and toilet independently. Noted that she needed assistance with tying shoelaces due to limited hand dexterity.

## 4. Scoring

Assigned scores for observed and reported performance. Mobility: 10/20, Self-Care: 12/15.

## 5. Score Compilation

Compiled scores for mobility and self-care: Total Score $=22 / 35$.

## 6. Interpretation and Communication

Communicated that Jane's disability rating on the Barthel Index is 22, indicating moderate impairment in mobility and self-care. Explained that her score signifies a need for assistance in specific tasks.

## Professional Notes

Mobility: Right-side hemiparesis affecting balance and gait.
Self-Care: Right-hand weakness impacting tasks involving fine motor skills.

## Interpretation and Recommendations

Jane's disability rating of 22 suggests that she requires support in mobility and self-care tasks.
Recommend physical therapy for improving balance and strength, as well as adaptive aids for daily tasks like shoe fastening.

## Treatment Planning

Develop a rehabilitation plan focusing on balance and gait training. Include exercises to improve hand dexterity.

Explore adaptive devices for independence in self-care activities.

## Documentation

Documented Jane's scores, observations, and recommendations in her medical records for future reference and care coordination.

## Follow-Up

Scheduled a follow-up assessment in four weeks to monitor progress and adjust interventions as needed.

