

# Diplopia Test (Red Glass Test)

Name	Date
Date of birth	Gender
Contact details	
<b>Materials needed</b>	
<ul style="list-style-type: none"><li>• Red lens or red filter (can be red cellophane, red transparency film, red-tinted glasses)</li><li>• Visual target (letter, word, or object to focus on)</li></ul>	
<b>Instructions</b>	
<ol style="list-style-type: none"><li>1. Ensure the examination room has appropriate lighting for clear vision.</li><li>2. Inform the patient about the procedure and its purpose in evaluating double vision.</li><li>3. Seat the patient comfortably at an appropriate distance from the visual targets.</li><li>4. Hand the red lens or red filter to the patient and ask them to cover one eye while looking at the visual targets with the uncovered eye.</li><li>5. Instruct the patient to concentrate on the visual targets provided (e.g., letters on a chart, words, or objects) with the uncovered eye.</li><li>6. As the patient focuses on the visual targets, observe if there are any additional images or ghosting seen through the red lens by the covered eye.</li><li>7. Take note of any separation or misalignment in the images.</li><li>8. Instruct the patient to cover the opposite eye and repeat the process of focusing on the visual targets with the other eye while using the red lens.</li><li>9. Document any observed double vision or multiple images, noting the direction and extent of separation, if present.</li><li>10. Consider conducting additional eye examinations or tests as clinically indicated if double vision or abnormalities are observed.</li></ol>	
<b>Findings</b>	

**Additional notes**