

# Design Your Life Worksheet

## Personal Reflection:

1. Self-Discovery:

2. Current Life Assessment:

## Goal Setting:

3. Short-term Goals (1-6 months):

4. Medium-term Goals (6 months - 2 years):

5. Long-term Vision (2+ years):

## Action Plan:

6. Breakdown of Goals:

7. Timeline:

**8. Resources Needed:**

**Continuous Improvement:**

**9. Learning and Growth:**

**10. Reflection:**