

Depression, Anxiety, and Stress Scale (DASS-21) Scoring Sheet

Name:

Date:

Physician's Name:

Level	Depression	Anxiety	Stress
Normal	0-9	0-7	0-14
Mild	10-13	8-9	15-18
Moderate	14-20	10-14	19-25
Severe	21-27	15-19	16-33
Extremely severe	28+	20+	34+

Patient's Total Score: _____

Interpretation: _____

Notes: