

Cross Reactivity Allergy Chart

Patient Information

Name: _____

Date of Birth: _____

Allergies

Allergen Overview

Allergen	Cross-Reactive Allergens	Potential Cross-Reactivity [High, Moderate, Low]	Severity [Mild, Moderate, Severe]	Common Symptoms

Notes and Recommendations

Additional Information

Recommendations

Instructions for Use

Instructions	Notes
<ul style="list-style-type: none">• Enter the primary allergens relevant to the patient in the "Allergen" column.• List known cross-reactive allergens in the "Cross-Reactive Allergens" column.	
<p>Evaluate the potential for cross-reactivity by indicating the level (High, Moderate, Low) in the "Potential Cross-Reactivity" column.</p>	
<ul style="list-style-type: none">• Assess the severity of reactions using the "Severity" column.• Specify common symptoms associated with each allergen in the "Common Symptoms" column.	
<p>Provide personalized recommendations in the "Notes and Recommendations" section based on the identified cross-reactivities.</p>	
<p>Periodically review and update the chart as needed, considering changes in allergies or sensitivities.</p>	