

Crohn's Disease Activity Index

Name:

Date:

Weight:

Sex:

Stool pattern

Total number of liquid or soft stools per day over seven days (14 points per stool)

Using diphenoxylate or loperamide for diarrhea (30 points)

Abdominal pain rating in the last 7 days (check one)

None (0 points)

Mild (35 points)

Moderate (70 points)

Severe (105)

General well-being rating in the last 7 days (check one)

Well (0 points)

Slightly below average (49 points)

Poor (98 points)

Very poor (147 points)

Terrible (196 points)

Complications (check all that applies)

Arthritis or arthralgia (20 points)

Iritis or uveitis (20 points)

Erythema nodosum, pyoderma gangrenosum or aphthous stomatitis (20 points)

Anal fissure, fistula or abscess (20 points)

Other fistula (20 points)

Temperature over 100 degrees F (37.8 degrees C) in the last week (20 points)

Abdominal mass (check one)

No mass (0 points)

Possible mass (20 points)

Definite mass (50 points)

Anemia and weight change

Absolute deviation of hematocrit from 47% in males or 42% in females (6 points per percent deviation)

Percentage deviation from standard weight (1 point for each percent deviation)

TOTAL POINTS:

INTERPRETATION

- 0 to 149 points - Asymptomatic remission
- 150 to 220 points - Mildly to moderately active Crohn's disease
- 221 to 450 points - Moderately to severely active Crohn's disease
- Over 451 - Severely active to fulminant disease

Additional Notes