

Criteria for Diagnosis of Diabetes

Patient Information

Name:

Date of Birth:

Date of Evaluation:

Healthcare Provider:

Diagnostic Tests

1. Fasting Plasma Glucose (FPG)

Value: mg/dL

Criteria: Diabetes is diagnosed if FPG is 126 mg/dL (7.0 mmol/L) or higher.

2. Oral Glucose Tolerance Test (OGTT)

Value: mg/dL

Criteria: Diabetes is diagnosed if 2-hour plasma glucose is 200 mg/dL (11.1 mmol/L) or higher.

3. Hemoglobin A1c (HbA1c)

Value: mg/dL

Criteria: Diabetes is diagnosed if HbA1c is 6.5% (48 mmol/mol) or higher.

4. Random Plasma Glucose Test

Value: mg/dL

Criteria: Diabetes is diagnosed if random plasma glucose is 200 mg/dL (11.1 mmol/L) or higher, accompanied by symptoms of hyperglycemia or hyperglycemic crisis.

Symptoms of Hyperglycemia

Check if present:

- Polyuria (frequent urination)
- Polydipsia
- Unexplained weight loss
- Fatigue
- Blurred Vision
- Others:

Risk Factors

Indicate if any of the following risk factors are present:

- Family history of diabetes
- Overweight or obesity
- Physical inactivity
- High blood pressure
- History of gestational diabetes
- Polycystic ovary syndrome (PCOS)
- Other:

Additional Notes

Healthcare Provider's Signature

Date:

Recommendations

Notes

- A confirmation test on a subsequent day is strongly recommended to confirm the diagnosis of diabetes, except in cases where there is unequivocal hyperglycemia with acute metabolic decompensation.
- These criteria are based on the guidelines provided by major diabetes organizations such as the American Diabetes Association (ADA). It's important to consult the latest guidelines as criteria and recommendations may be updated.
- This template is designed for use by healthcare professionals and for educational purposes to provide insights into the diagnostic process for diabetes. It's not a substitute for professional medical advice, diagnosis, or treatment.

By utilizing this template, healthcare providers can systematically assess and document the necessary information to diagnose diabetes accurately, following the recognized diagnostic criteria.