

Creatine Kinase (CK)

Test Overview: The Creatine Kinase (CK) test measures the levels of CK in the bloodstream. CK is an enzyme found in muscles, heart, and brain tissues. Elevated CK levels can indicate muscle injury, inflammation, or other medical conditions.

Patient Information:

Patient's Full Name: _____ Date of Birth: _____

Gender:

- Male
- Female
- Other

Address: _____

Phone Number: _____ Email: _____

Medical History:

- Primary Care Physician: _____
- Date of Last CK Test (if applicable): _____
- Known Medical Conditions: _____
- Current Medications: _____
- Allergies: _____
- Recent Muscle-Related Symptoms (e.g., muscle pain, weakness, cramps, balance issues):

Test Procedure:

The CK test involves a blood draw:

- Location: _____
- Date and Time: _____
- Preparation: No fasting is required. Limit intense exercise 24 hours before the test.
- Procedure Description:
 - The healthcare provider will locate a vein, usually in the inner part of the arm.
 - The area will be cleaned and disinfected.

- A small needle will be inserted to collect a blood sample.
- After collection, a bandage will be placed over the site.
- Expected Duration: Typically less than five minutes.

Diagnosis/Findings:

- CK Levels: _____
- Reference Range: _____
- Interpretation of Results:
 - Normal
 - Elevated
- Possible Causes: _____
 - Abnormal
- Additional Testing Recommended: _____
- Additional Tests Conducted (if any):
 - CK-MM
 - CK-MB
 - CK-BB
- Clinical Notes:

- Symptoms Reported:

Recommendations/Medications:

- Treatment Recommendations:

- Medications Prescribed:

- Other Medical Advice: _____
- Patient Education: _____

Follow-Up:

- Follow-Up Appointment Date: _____
- Next Scheduled CK Test (if applicable): _____
- Instructions for the Patient:

- Emergency Contact: _____

Provider's Information:

- Healthcare Provider's Name: _____
- Provider's Signature: _____
- Date: _____