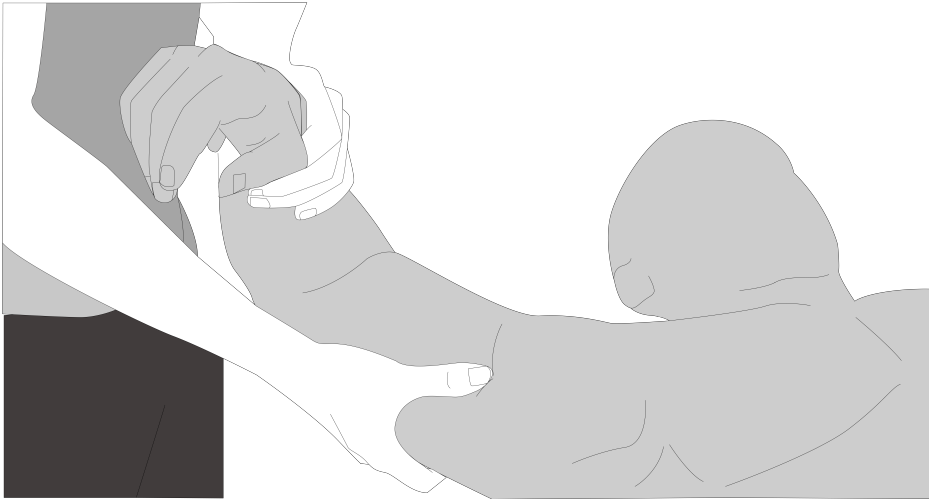


# Crank Test

<b>Patient's name:</b>	<b>Date:</b>
<b>Patient history (if needed):</b>	<b>Patient's symptoms (if needed):</b>
<b>Examiner's name:</b>	
<b>Instructions</b>	
<ol style="list-style-type: none"><li>1. Have your patient in a sitting or supine position.</li><li>2. Elevate the patient's affected arm. Note that the shoulder must be 160 degrees in the scapular plane of the body, loaded axially along the humerus.</li><li>3. Flex the elbow 90 degrees.</li><li>4. Gently apply pressure from the humerus down to the shoulder.</li><li>5. Keep doing step 4 while doing an internal and external rotation of the shoulder.</li></ol>	
	
<b>Patient's results</b>	
<b>Negative:</b> No pain, clicking, or catching is reported. Shoulder moves smoothly through internal and external rotation.	
<b>Positive:</b> The patient reports pain, or you detect clicking or catching sensations during rotation.	
<b>Notes</b>	