## **Couple Therapy Worksheet Template**

**Client Information** 

First Name

Last Name

Date of Birth

Date/Time

What is the issue you would like to resolve

How have you been helping resolve this issue

How have you not been helping resolve this issue

How has your partner been helping resolve this issue

How has your partner been not helping resolve this issue

Describe a short and long-term goal that you want to achieve in relationship

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