


Costoclavicular Test

Patient information	
Name:	Date of birth:
Practitioner:	Date:
Instructions	
Procedure <ol style="list-style-type: none">1. Position the patient seated or standing in an upright posture.2. Instruct the patient to retract their shoulders by pulling them back and down, approximating the clavicle and first rib.3. Palpate the patient's radial pulse on the arm being tested to establish a baseline.4. Ask the patient to lift their chest and exaggerate an upright, military-style posture.5. Maintain this position while continuing to monitor the radial pulse.6. Observe for changes, including a decrease or disappearance of the radial pulse, or the reproduction of symptoms such as pain, numbness, or tingling in the arm.7. Repeat the procedure on the opposite side to assess both arms.	
Result	
Positive: <i>A positive test is indicated by a decrease or disappearance of the radial pulse or reproduction of symptoms such as pain, numbness, tingling, or weakness in the arm. This suggests possible compression of the neurovascular structures between the clavicle and the first rib, consistent with thoracic outlet syndrome.</i>	Negative: <i>The absence of a change in the radial pulse or symptoms during the maneuver suggests that the neurovascular bundle is likely not compressed, and thoracic outlet syndrome is less likely.</i>
Additional notes	