Concussion Test

Patient information

Name:	**Date of birth:**
Gender:	**Date of assessment:**

Injury overview

Date of injury:

Time of injury:

Mechanism of injury (e.g. fall, sports, accident)**:**

Loss of consciousness:

☐ No

☐ Yes (if yes, specify):

Initial symptoms:

☐ Headache

☐ Nausea

☐ Dizziness

☐ Sensitivity to light/sound

☐ Balance issues

☐ Memory problems

☐ Confusion

☐ Emotional changes

☐ Others:

Physical examination

Visible head trauma?

☐ Yes

☐ No

Description:

Balance and coordination:

☐ Normal

☐ Impaired

Gait assessment:

☐ Normal

☐ Ataxic

☐ Unsteady

Neck evaluation (tenderness, ROM)**:**

☐ Normal

☐ Abnormal

Notes:

Cognitive assessment (*Standardized Assessment of Concussion - SAC components*)

Orientation (date, time, location):	Concentration (digits backward or months in reverse):
☐ Normal ☐ Impaired	☐ Normal ☐ Impaired
Immediate memory (5-word recall):	Delayed memory (after ~5 mins):
/5	/5

Neurological examination

Cranial nerves:	Motor function:
☐ Intact ☐ Abnormal	☐ Normal ☐ Weakness
Reflexes:	Sensory testing:
☐ Normal ☐ Abnormal	☐ Normal ☐ Abnormal
Pupils:	Vision tracking:
☐ Equal ☐ Unequal ☐ Reactive ☐ Non-reactive	☐ Normal ☐ Abnormal

Balance assessment (balance Error Scoring System - BESS or SCAT5 balance tasks)

Single leg stance:	Stable	Errors:
Double leg stance:	Stable	Errors:
Tandem stance:	Stable	Errors:

Symptom checklist

(Rate from 0 = none to 6 = severe)

Symptom	Rating
Headache	
Dizziness	
Nausea	
Sensitivity to light	

Symptom	Rating
Fatigue	
Irritability	
Sadness	
Trouble sleeping	
Difficulty concentrating	
Memory problems	
Balance problems	
Total symptom severity score: /132	

Imaging (if indicated)

CT/MRI ordered:

☐ Yes

☐ No

Findings:

☐ Normal

☐ Abnormal (e.g., bleeding, swelling):

Assessment and interpretation

☐ No signs of concussion

☐ Concussion suspected

☐ Concussion confirmed

☐ Structural abnormality identified via imaging

Additional notes

Healthcare professional information

Name:

License ID number:

Signature:

Date of assessment: