Comprehensive List of Nursing Interventions

- **6400 Abuse protection:** Support Identification of high-risk dependent relationships and actions to prevent further infliction of physical or emotional harm
- **6402 Abuse protection support: Child:** Identification of high-risk, dependent child relationships and actions to prevent possible or further infliction of physical, sexual, or emotional harm or neglect of basic necessities of life
- 6403 Abuse protection support: Domestic partner: Identification of high-risk, dependent domestic relationships and actions to prevent possible or further infliction of physical, sexual or emotional harm or exploitation of a domestic partner
- **6404 Abuse protection support: Elder**: Identification of high-risk, dependent elder relationships and actions to prevent possible or further infliction of physical, sexual, or emotional harm; neglect of basic necessities of life; or exploitation
- 6408 Abuse protection support: Religious: Identification of high risk, controlling religious relationships and actions to prevent infliction of physical, sexual, or emotional harm and/or exploitation
- **1910 Acid-base management:** Promotion of acid-base balance and prevention of complications resulting from acid-base imbalance
- 1911 Acid-base management: Metabolic acidosis: Promotion of acid-base balance and prevention of complications resulting from serum HCO3 levels lower than desired
- 1912 Acid-base management: Metabolic alkalosis: Promotion of acid-base balance and prevention of complications resulting from serum HCO3 levels higher than desired
- 1913 Acid-base management: Respiratory acidosis: Promotion of acid-base balance and prevention of complications resulting from serum pCO2 levels higher than desired
- 1914 Acid-base management: Respiratory alkalosis: Promotion of acid-base balance and prevention of complications resulting from serum pCO2 levels lower than desired
- 1920 Acid-base monitoring: Collection and analysis of patient data to regulate acid-base balance
- 4920 Active listening: Attending closely to and attaching significance to a patient's verbal and nonverbal messages
- **4310 Activity therapy:** Prescription of and assistance with specific physical, cognitive, social, and spiritual activities to increase the range, frequency, or duration of an individual's (or group's) activity
- 1320 Acupressure: Application of firm, sustained pressure to special points on the body to decrease pain, produce relaxation, and prevent or reduce nausea
- 7310 Admission care: Facilitating entry of a patient into a health care facility
- 3120 Airway insertion and stabilization: Insertion or assistance with insertion and stabilization of an artificial airway
- 3140 Airway management: Facilitation of patency of air passages
- **3160 Airway suctioning:** Removal of airway secretions by inserting a suction catheter into the patient's oral airway and/or trachea
- **6410 Allergy management:** Identification, treatment, and prevention of allergic responses to food, medications, insect bites, contrast material, blood, and other substances
- **6700 Amnioinfusion:** Infusion of fluid into the uterus during labor to relieve umbilical cord compression or to dilute meconium-stained fluid

- **3420 Amputation care:** Promotion of physical and psychological healing before and after amputation of a body part
- 2210 Analgesic administration: Use of pharmacologic agents to reduce or eliminate pain
- 2214 Analgesic administration: Intraspinal: Administration of pharmacologic agents into the epidural or intrathecal space to reduce or eliminate pain
- **6412 Anaphylaxis management:** Promotion of adequate ventilation and tissue perfusion for an individual with a severe allergic (antigen-antibody) reaction
- **2840 Anesthesia administration:** Preparation for and administration of anesthetic agents and monitoring of patient responsiveness during administration
- 4640 Anger control assistance: Facilitation of the expression of anger in an adaptive, nonviolent manner
- 4320 Animal-assisted therapy: Purposeful use of animals to provide affection, attention, diversion, and relaxation
- **5210 Anticipatory guidance:** Preparation of patient for an anticipated developmental and/or situational crisis
- **5820 Anxiety reduction:** Minimizing apprehension, dread, foreboding, or uneasiness related to an unidentified source of anticipated danger
- **6420 Area restriction:** Use of least restrictive limitation of patient mobility to a specified area for purposes of safety or behavior management
- 1330 Aromatherapy: Administration of essential oils through massage, topical ointments or lotions, baths, inhalation, douches, or compresses (hot or cold) to calm and sooth, provide pain relief, and enhance relaxation and comfort
- 4330 Art therapy: Facilitation of communication through drawings or other art forms
- 3180 Artificial airway management: Maintenance of endotracheal and tracheostomy tubes and prevention of complications associated with their use
- 3200 Aspiration precautions: Prevention or minimization of risk factors in the patient at risk for aspiration
- **4340 Assertiveness training:** Assistance with the effective expression of feelings, needs, and ideas while respecting the rights of others
- **3210 Asthma management:** Identification, treatment, and prevention of reactions to inflammation/constriction in the airway passages
- 6710 Attachment promotion: Facilitation of the development of the parent-infant relationship
- **5840 Autogenic training:** Assisting with self-suggestions about feelings of heaviness and warmth for the purpose of inducing relaxation
- 2860 Autotransfusion: Collecting and reinfusing blood that has been lost intraoperatively or postoperatively from clean wounds
- 1610 Bathing: Cleaning of the body for the purposes of relaxation, cleanliness, and healing
- 0740 Bed rest care: Promotion of comfort and safety and prevention of complications for a patient unable to get out of bed
- 7610 Bedside laboratory testing: Performance of laboratory tests at the bedside or point of care
- 4350 Behavior management: Helping a patient to manage negative behavior
- 4352 Behavior management: Overactivity/inattention: Provision of a therapeutic milieu that safely accommodates the patient's attention deficit and/or overactivity while promoting optimal function

- 4354 Behavior management: Self-harm: Assisting the patient to decrease or eliminate selfmutilating or self-abusive behaviors
- 4356 Behavior management: Sexual: Delineation and prevention of socially unacceptable sexual behaviors
- 4360 Behavior modification: Promotion of a behavior change
- 4362 Behavior modification: Social skills: Assisting the patient to develop or improve interpersonal social skills
- 4680 Bibliotherapy: Therapeutic use of literature to enhance the expression of feelings, active problem solving, coping or insight
- **5860 Biofeedback:** Assisting the patient to gain voluntary control over physiological responses using feedback from electronic equipment that monitor physiologic processes
- 8810 Bioterrorism preparedness: Preparing for an effective response to bioterrorism events or disaster
- 6720 Birthing: Delivery of a baby
- 0550 Bladder irrigation: Instillation of a solution into the bladder to provide cleansing or medication
- 4010 Bleeding precautions: Reduction of stimuli that may induce bleeding or hemorrhage in atrisk patients
- 4020 Bleeding reduction: Limitation of the loss of blood volume during an episode of bleeding
- 4021 Bleeding reduction: Antepartum uterus: Limitation of the amount of blood loss from the
 pregnant uterus during third trimester of pregnancy
- 4022 Bleeding reduction: Gastrointestinal: Limitation of the amount of blood loss from the upper and lower gastrointestinal tract and related complications
- 4024 Bleeding reduction: Nasal: Limitation of the amount of blood loss from the nasal cavity
- 4026 Bleeding reduction: Postpartum uterus: Limitation of the amount of blood loss from the postpartum uterus
- 4028 Bleeding reduction: Wound: Limitation of the blood loss from a wound that may be a result of trauma, incisions, or placement of a tube or catheter
- 4030 Blood products administration: Administration of blood or blood products and monitoring of patient's response 5220 Body Image Enhancement Improving a patient's conscious and unconscious perceptions and attitudes toward his/her body
- **0140 Body mechanics promotion**: Facilitating the use of posture and movement in daily activities to prevent fatigue and musculoskeletal strain or injury
- 1052 Bottle feeding: Preparation and administration of fluids to an infant via a bottle
- **0410 Bowel incontinence care:** Promotion of bowel continence and maintenance of perianal skin integrity
- **0412 Bowel incontinence care: Encopresis:** Promotion of bowel continence in children
- **0420 Bowel irrigation:** Instillation of a substance into the lower gastrointestinal tract
- 0430 Bowel management: Establishment and maintenance of a regular pattern of bowel elimination
- 0440 Bowel training: Assisting the patient to train the bowel to evacuate at specific intervals
- 6522 Breast examination: Inspection and palpation of the breasts and related areas
- 1054 Breastfeeding assistance: Preparing a new mother to breastfeed her infant
- 5880 Calming technique: Reducing anxiety in patient experiencing acute distress

- **4035 Capillary blood sample:** Obtaining an arteriovenous sample from a peripheral body site, such as the heel, finger or other transcutaneous site
- **4040 Cardiac care:** Limitation of complications resulting from an imbalance between myocardial oxygen supply and demand for a patient with symptoms of impaired cardiac function
- 4044 Cardiac care: Acute: Limitation of complications for a patient recently experiencing an episode of an imbalance between myocardial oxygen supply and demand resulting in impaired cardiac function
- 4046 Cardiac care: Rehabilitative: Promotion of maximum functional activity level for a patient
 who has experienced an episode of impaired cardiac function that resulted from an imbalance
 between myocardial oxygen supply and demand
- **4050 Cardiac precautions:** Prevention of an acute episode of impaired cardiac function by minimizing myocardial oxygen consumption or increasing myocardial oxygen supply
- **7040 Caregiver support:** Provision of the necessary information, advocacy, and support to facilitate primary patient care by someone other than a health care professional
- 7320 Case management: Coordinating care and advocating for specified individuals and patient
 populations across settings to reduce cost, reduce resource use, improve quality of health care,
 and achieve desired outcomes
- 0762 Cast care: Maintenance: Care of a cast after the drying period
- 0764 Cast care: Wet: Care of a new cast during the drying period
- 2540 Cerebral edema management: Limitation of secondary cerebral injury resulting from swelling of brain tissue
- **2550 Cerebral perfusion promotion:** Promotion of adequate perfusion and limitation of complications for a patient experiencing or at risk for inadequate cerebral perfusion
- **6750 Cesarean section care:** Preparation and support of patient delivering a baby by cesarean section
- **6430 Chemical restraint:** Administration, monitoring, and discontinuation of psychotropic agents used to control an individual's extreme behavior
- **2240 Chemotherapy management:** Assisting the patient and family to understand the action and minimize side effects of antineoplastic agents
- **3230 Chest physiotherapy:** Assisting the patient to move airway secretions from peripheral airways to more central airways for expectoration and/or suctioning
- **6760 Childbirth preparation:** Providing information and support to facilitate childbirth and to enhance the ability of an individual to develop and perform the parental role
- 4062 Circulatory care: Arterial insufficiency: Promotion of arterial circulation
- 4064 Circulatory care: Mechanical assist device: Temporary support of the circulation through the use of mechanical devices or pumps 4066 Circulatory Care: Venous Insufficiency Promotion of venous circulation
- 4070 Circulatory precautions: Protection of a localized area with limited perfusion
- **3000 Circumcision care**: Preprocedural and postprocedural support to males undergoing circumcision
- 6140 Code management: Coordination of emergency measures to sustain life
- 4700 Cognitive restructuring: Challenging a patient to alter distorted thought patterns and view self and the world more realistically
- **4720 Cognitive stimulation**: Promotion of awareness and comprehension of surroundings by utilization of planned stimuli

- **8820 Communicable disease management:** Working with a community to decrease and manage the incidence and prevalence of contagious diseases in a specific population
- **4974 Communication enhancement: Hearing deficit:** Assistance in accepting and learning alternate methods for living with diminished hearing
- 4976 Communication enhancement: Speech deficit: Assistance in accepting and learning alternate methods for living with impaired speech
- 4978 Communication enhancement: Visual deficit: Assistance in accepting and learning alternate methods for living with diminished vision
- 8840 Community disaster preparedness: Preparing for an effective response to a large-scale disaster
- **8500 Community health development:** Assisting members of a community to identify a community's health concerns, mobilize resources, and implement solutions
- **5000 Complex relationship building:** Establishing a therapeutic relationship with a patient to promote insight and behavioral change
- **5020 Conflict mediation:** Facilitation of constructive dialogue between opposing parties with a goal of resolving disputes in a mutually acceptable manner
- 0450 Constipation/Impaction management: Prevention and alleviation of constipation/impaction
- **7910 Consultation:** Using expert knowledge to work with those who seek help in problem solving to enable individuals, families, groups, or agencies to achieve identified goals
- 1620 Contact lens care: Prevention of eye injury and lens damage by proper use of contact lenses
- 7620 Controlled substance checking: Promoting appropriate use and maintaining security of controlled substances
- **5230 Coping enhancement:** Assisting a patient to adapt to perceived stressors, changes, or threats which interfere with meeting life demands and roles
- 7630 Cost containment: Management and facilitation of efficient and effective use of resources
- **3250 Cough enhancement:** Promotion of deep inhalation by the patient with subsequent generation of high intrathoracic pressures and compression of underlying lung parenchyma for the forceful expulsion of air
- **5240 Counseling:** Use of an interactive helping process focusing on the needs, problems, or feelings of the patient and significant others to enhance or support coping, problem solving, and interpersonal relationships
- **6160 Crisis intervention:** Use of short-term counseling to help the patient cope with a crisis and resume a state of functioning comparable to or better than the pre-crisis state
- **7640 Critical path development**: Constructing and using a timed sequence of patient care activities to enhance desired patient outcomes in a cost-efficient manner
- **7330 Culture brokerage:** The deliberate use of culturally competent strategies to bridge or mediate between the patient's culture and the biomedical health care system
- **1340 Cutaneous stimulation:** Stimulation of the skin and underlying tissues for the purpose of decreasing undesirable signs and symptoms such as pain, muscle spasm, or inflammation
- **5250 Decision-making support:** Providing information and support for a patient who is making a decision regarding health care
- 4095 Defibrillator management: External: Care of the patient receiving defibrillation for termination of life threatening cardiac rhythm disturbances
- 4096 Defibrillator management: Internal: Care of the patient receiving permanent detection and termination of life threatening cardiac rhythm disturbances through the insertion and use of an internal cardiac defibrillator

- 7650 Delegation: Transfer of responsibility for the performance of patient care while retaining accountability for the outcome
- **6440 Delirium management:** Provision of a safe and therapeutic environment for the patient who is experiencing an acute confusional state
- **6450 Delusion management:** Promoting the comfort, safety, and reality orientation of a patient experiencing false, fixed beliefs that have little or no basis in reality
- **6460 Dementia management:** Provision of a modified environment for the patient who is experiencing a chronic confusional state
- 6462 Dementia management: Bathing: Reduction of aggressive behavior during cleaning of the body 7930 Deposition/Testimony Provision of recorded sworn testimony for legal proceedings based upon knowledge of the case
- **8250 Developmental care:** Structuring the environment and providing care in response to the behavioral cues and states of the preterm infant
- 8272 Developmental enhancement: Adolescent: Facilitating optimal physical, cognitive, social, and emotional growth of individuals during the transition from childhood to adulthood
- 8274 Developmental enhancement: Child: Facilitating or teaching parents/caregivers to facilitate the optimal gross motor, fine motor, language, cognitive, social and emotional growth of preschool and school-aged children
- **4240 Dialysis access maintenance**: Preservation of vascular (arterial-venous) access sites 0460 Diarrhea Management Management and alleviation of diarrhea
- 1020 Diet staging: Instituting required diet restrictions with subsequent progression of diet as tolerated
- **7370 Discharge planning:** Preparation for moving a patient from one level of care to another within or outside the current health care agency
- 5900 Distraction: Purposeful focusing of attention away from undesirable sensations
- 7920 Documentation: Recording of pertinent patient data in a clinical record
- 1630 Dressing: Choosing, putting on, and removing clothes for a person who cannot do this for self
- 5260 Dying care: Promotion of physical comfort and psychological peace in the final phase of life
- **2560 Dysreflexia management**: Prevention and elimination of stimuli that cause hyperactive reflexes and inappropriate autonomic responses in a patient with a cervical or high thoracic cord lesion
- 4090 Dysrhythmia management: Preventing, recognizing, and facilitating treatment of abnormal cardiac rhythms
- 1640 Ear care: Prevention or minimization of threats to ear or hearing
- **1030 Eating disorders management:** Prevention and treatment of severe diet restriction and overexercising or binging and purging of food and fluids
- **2570 Electroconvulsive therapy (ECT) management:** Assisting with the safe and efficient provision of electroconvulsive therapy in the treatment of psychiatric illness
- **2000 Electrolyte management:** Promotion of electrolyte balance and prevention of complications resulting from abnormal or undesired serum electrolyte levels
- **2001 Electrolyte management: Hypercalcemia:** Promotion of calcium balance and prevention of complications resulting from serum calcium levels higher than desired
- 2002 Electrolyte management: Hyperkalemia: Promotion of potassium balance and prevention of complications resulting from serum potassium levels higher than desired
- 2003 Electrolyte management: Hypermagnesemia: Promotion of magnesium balance and prevention of complications resulting from serum magnesium levels higher than desired

- 2004 Electrolyte management: Hypernatremia: Promotion of sodium balance and prevention of complications resulting from serum sodium levels higher than desired
- 2005 Electrolyte management: Hyperphosphatemia: Promotion of phosphate balance and prevention of complications resulting from serum phosphate levels higher than desired
- 2006 Electrolyte management: Hypocalcemia: Promotion of calcium balance and prevention of complications resulting from serum calcium levels lower than desired
- 2007 Electrolyte management: Hypokalemia: Promotion of potassium balance and prevention of complications resulting from serum potassium levels lower than desired
- 2008 Electrolyte management: Hypomagnesemia: Promotion of magnesium balance and prevention of complications resulting from serum magnesium levels lower than desired
- 2009 Electrolyte management: Hyponatremia: Promotion of sodium balance and prevention of complications resulting from serum sodium levels lower than desired
- 2010 Electrolyte management: Hypophosphatemia: Promotion of phosphate balance and prevention of complications resulting from serum phosphate levels lower than desired
- 2020 Electrolyte monitoring: Collection and analysis of patient data to regulate electrolyte balance
- **6771 Electronic fetal monitoring: Antepartum**: Electronic evaluation of fetal heart rate response to movement, external stimuli, or uterine contractions during antepartal testing
- **6772 Electronic fetal monitoring: Intrapartum:** Electronic evaluation of fetal heart rate response to uterine contractions during intrapartal care
- **6470 Elopement precautions:** Minimizing the risk of a patient leaving a treatment setting without authorization when departure presents a threat to the safety of patient or others
- 4104 Embolus care: Peripheral: Limitation of complications for a patient experiencing, or at risk for, occlusion of peripheral circulation
- 4106 Embolus care: Pulmonary: Limitation of complications for a patient experiencing, or at risk for, occlusion of pulmonary circulation
- 4110 Embolus precautions: Reduction of the risk of an embolus in a patient with thrombi or at risk for thrombus formation
- 6200 Emergency care: Providing life-saving measures in life-threatening situations
- 7660 Emergency cart checking: Systematic review and maintenance of the contents of an emergency cart at established time intervals
- **5270 Emotional support:** Provision of reassurance, acceptance, and encouragement during times of stress
- **3270 Endotracheal extubation:** Purposeful removal of the endotracheal tube from the nasopharyngeal or oropharyngeal airway
- 0180 Energy management: Regulating energy use to treat or prevent fatigue and optimize function
- 1056 Enteral tube feeding: Delivering nutrients and water through a gastrointestinal tube
- **6480 Environmental management:** Manipulation of the patient's surroundings for therapeutic benefit, sensory appeal, and psychological well-being
- **6481 Environmental management: Attachment process:** Manipulation of the patient's surroundings to facilitate the development of the parent-infant relationship
- 6482 Environmental management: Comfort: Manipulation of the patient's surroundings for promotion of optimal comfort
- **6484 Environmental management: Community:** Monitoring and influencing of the physical, social, cultural, economic, and political conditions that affect the health of groups and communities

- 6485 Environmental management: Home preparation: Preparing the home for safe and effective delivery of care
- **6486 Environmental management: Safety:** Monitoring and manipulation of the physical environment to promote safety
- 6487 Environmental management: Violence prevention: Monitoring and manipulation of the physical environment to decrease the potential for violent behavior directed toward self, others, or environment
- **6489 Environmental management: Worker safety:** Monitoring and manipulation of the worksite environment to promote safety and health of workers
- **8880 Environmental risk protection:** Preventing and detecting disease and injury in populations at risk from environmental hazards
- **7680 Examination assistance:** Providing assistance to the patient and another health care provider during a procedure or exam
- **0200 Exercise promotion:** Facilitation of regular physical activity to maintain or advance to a higher level of fitness and health
- **0201 Exercise promotion: Strength training:** Facilitating regular resistive muscle training to maintain or increase muscle strength
- **0202 Exercise promotion: Stretching:** Facilitation of systematic slow-stretch-hold muscle exercises to induce relaxation, to prepare muscles/joints for more vigorous exercise, or to increase or maintain body flexibility
- **0221 Exercise therapy: Ambulation:** Promotion and assistance with walking to maintain or restore autonomic and voluntary body functions during treatment and recovery from illness or injury
- **0222 Exercise therapy: Balance:** Use of specific activities, postures, and movements to maintain, enhance, or restore balance
- 0224 Exercise therapy: Joint mobility: Use of active or passive body movement to maintain or restore joint flexibility
- 0226 Exercise therapy: Muscle control: Use of specific activity or exercise protocols to enhance or restore controlled body movement
- **1650 Eye care:** Prevention or minimization of threats to eye or visual integrity
- 6490 Fall prevention: Instituting special precautions with patient at risk for injury from falling
- 7100 Family integrity promotion: Promotion of family cohesion and unity
- 7104 Family integrity promotion: Childbearing family: Facilitation of the growth of individuals or families who are adding an infant to the family unit
- **7110 Family involvement promotion:** Facilitating participation of family members in the emotional and physical care of the patient
- **7120 Family mobilization:** Utilization of family strengths to influence patient's health in a positive direction
- **6784 Family planning: Contraception:** Facilitation of pregnancy prevention by providing information about the physiology of reproduction and methods to control conception
- **6786 Family planning: Infertility:** Management, education, and support of the patient and significant other undergoing evaluation and treatment for infertility
- 6788 Family planning: Unplanned pregnancy: Facilitation of decision-making regarding pregnancy outcome
- **7170 Family presence: Facilitation:** Facilitation of the family's presence in support of an individual undergoing resuscitation and/or invasive procedures
- 7130 Family process: Maintenance: Minimization of family process disruption effects

- 7140 Family support: Promotion of family values, interests and goals
- 7150 Family therapy: Assisting family members to move their family toward a more productive way
 of living
- 1050 Feeding: Providing nutritional intake for patient who is unable to feed self
- **7160 Fertility preservation:** Providing information, counseling, and treatment that facilitate reproductive health and the ability to conceive
- 3740 Fever treatment: Management of a patient with hyperpyrexia caused by nonenvironmental factors
- 7380 Financial resource assistance: Assisting an individual/family to secure and manage finances to meet health care needs
- 6500 Fire-setting precautions: Prevention of fire-setting behaviors
- 6240 First aid: Providing initial care for a minor injury
- 8550 Fiscal resource management: Procuring and directing the use of financial resources to ensure the development and continuation of programs and services
- **0470 Flatulence reduction:** Prevention of flatus formation and facilitation of passage of excessive gas
- 2080 Fluid/electrolyte management: Regulation and prevention of complications from altered fluid and/or electrolyte levels
- 4120 Fluid management: Promotion of fluid balance and prevention of complications resulting from abnormal or undesired fluid levels
- 4130 Fluid monitoring: Collection and analysis of patient data to regulate fluid balance
- 4140 Fluid resuscitation: Administering prescribed intravenous fluids rapidly
- **1660 Foot care:** Cleansing and inspecting the feet for the purposes of relaxation, cleanliness, and healthy skin
- 7940 Forensic data collection: Collection and recording of pertinent patient data for a forensic report
- **5280 Forgiveness facilitation:** Assisting an individual's willingness to replace feeling of anger and resentment toward another, self, or higher power, with beneficence, empathy, and humility
- 1080 Gastrointestinal intubation: Insertion of a tube into the gastrointestinal tract
- **5242 Genetic counseling:** Use of an interactive helping process focusing on assisting an individual, family or group, manifesting or at risk for developing or transmitting a birth defect or genetic condition, to cope
- 5290 Grief work facilitation: Assistance with the resolution of a significant loss
- 5294 Grief work facilitation: Perinatal death: Assistance with the resolution of a perinatal loss
- **6000 Guided imagery:** Purposeful use of imagination to achieve a particular state, outcome, or action or to direct attention away from undesirable sensations
- **5300 Guilt work facilitation:** Helping another to cope with painful feelings of actual or perceived responsibility
- 1670 Hair care: Promotion of neat, clean, attractive hair
- **6510 Hallucination management:** Promoting the safety, comfort, and reality orientation of a patient experiencing hallucinations
- **7960 Health care information exchange:** Providing patient care information to other health professionals

- **5510 Health education:** Developing and providing instruction and learning experiences to facilitate voluntary adaptation of behavior conducive to health in individuals, families, groups, or communities
- **5515 Health literacy enhancement:** Assisting individuals with limited ability to obtain, process, and understand information related to health and illness
- 7970 Health policy monitoring: Surveillance and influence of government and organization regulations, rules, and standards that affect nursing systems and practices to ensure quality care of patients
- **6520 Health screening:** Detecting health risks or problems by means of history, examination, and other procedures
- 7400 Health system guidance: Facilitating a patient's location and use of appropriate health services
- **1380 Heat/cold application:** Stimulation of the skin and underlying tissues with heat or cold for the purpose of decreasing pain, muscle spasms, or inflammation 3780 Heat Exposure Treatment Management of patient overcome by heat due to excessive environmental heat exposure
- 2100 Hemodialysis therapy: Management of extracorporeal passage of the patient's blood through a dialyzer
- 4150 Hemodynamic regulation: Optimization of heart rate, preload, afterload, and contractility
- 2110 Hemofiltration therapy: Cleansing of acutely ill patient's blood via a hemofilter controlled by the patient's hydrostatic pressure
- 4160 Hemorrhage control: Reduction or elimination of rapid and excessive blood loss
- **6800 High-risk pregnancy care:** Identification and management of a high-risk pregnancy to promote healthy outcomes for mother and baby
- **7180 Home maintenance assistance:** Helping the patient/family to maintain the home as a clean, safe, and pleasant place to live
- 5310 Hope inspiration: Enhancing the belief in one's capacity to initiate and sustain actions
- 2280 Hormone replacement therapy Facilitation of safe and effective use of hormone replacement therapy
- 5320 Humor: Facilitating the patient to perceive, appreciate, and express what is funny, amusing, or ludicrous in order to establish relationships, relieve tension, release anger, facilitate learning, or cope with painful feelings
- 2120 Hyperglycemia management: Preventing and treating above normal blood glucose levels
- 4170 Hypervolemia management: Reduction in extracellular and/or intracellular fluid volume and prevention of complications in a patient who is fluid overloaded
- **5920 Hypnosis:** Assisting a patient to achieve a state of attentive, focused concentration with suspension of some peripheral awareness to create changes in sensation, thoughts or behavior
- 2130 Hypoglycemia management: Preventing and treating low blood glucose levels
- **3790 Hypothermia induction therapy:** Attaining and maintaining core body temperature below 35 degrees C and monitoring for side effects and/or prevention of complications
- **3800 Hypothermia treatment:** Rewarming and surveillance of a patient whose core body temperature is below 35° C
- 4180 Hypovolemia management: Expansion of intravascular fluid volume in a patient who is volume depleted
- **6530 Immunization/vaccination management** Monitoring immunization status, facilitating access to immunizations, and providing immunizations to prevent communicable disease
- **4370 Impulse control training:** Assisting the patient to mediate impulsive behavior through application of problem-solving strategies to social and interpersonal situations

- **7980 Incident reporting:** Written and verbal reporting of any event in the process of patient care that is inconsistent with desired patient outcomes or routine operations of the health care facility
- **3440 Incision site care:** Cleansing, monitoring, and promotion of healing in a wound that is closed with sutures, clips, or staples
- **6820 Infant care:** Provision of developmentally appropriate family-centered care to the child under 1 year of age
- 6540 Infection control: Minimizing the acquisition and transmission of infectious agents
- 6545 Infection control: Intraoperative: Preventing nosocomial infection in the operating room
- 6550 Infection protection: Prevention and early detection of infection in a patient at risk
- 7410 Insurance authorization: Assisting the patient and provider to secure payment for health services or equipment from a third party
- **2590 Intracranial pressure (ICP) monitoring:** Measurement and interpretation of patient data to regulate intracranial pressure
- 6830 Intrapartal care: Monitoring and management of stages one and two of the birth process
- **6834 Intrapartal care: High-risk delivery:** Assisting with vaginal delivery of multiple or malpositioned fetuses
- 4190 Intravenous (IV) insertion: Insertion of a needle into a peripheral vein for the purpose of administering fluids, blood, or medications
- 4200 Intravenous (IV) therapy: Administration and monitoring of intravenous fluids and medications
- **4210 Invasive hemodynamic monitoring:** Measurement and interpretation of invasive hemodynamic parameters to determine cardiovascular function and regulate therapy as appropriate
- **4740 Journaling:** Promotion of writing as a means to provide opportunities to reflect upon and analyze past events, experiences, thoughts, and feelings
- **6840 Kangaroo care:** Promoting closeness between parent and physiologically stable preterm infant by preparing the parent and providing the environment for skin-to-skin contact
- 6850 Labor induction: Initiation or augmentation of labor by mechanical or pharmacological methods
- **6860 Labor suppression** Controlling uterine contractions prior to 37 weeks of gestation to prevent preterm birth
- **7690 Laboratory data interpretation:** Critical analysis of patient laboratory data in order to assist with clinical decision-making
- **5244 Lactation counseling:** Use of an interactive helping process to assist in maintenance of successful breastfeeding
- **6870 Lactation suppression:** Facilitating the cessation of milk production and minimizing breast engorgement after giving birth
- 6560 Laser precautions: Limiting the risk of laser-related injury to the patient
- 6570 Latex precautions: Reducing the risk of systemic reaction to latex
- 5520 Learning facilitation: Promoting the ability to process and comprehend information
- **5540 Learning readiness enhancement:** Improving the ability and willingness to receive information
- **3460 Leech therapy**: Application of medicinal leeches to help drain replanted or transplanted tissue engorged with venous blood
- 4380 Limit setting: Establishing the parameters of desirable and acceptable patient behavior

- 3480 Lower extremity monitoring: Collection, analysis, and use of patient data to categorize risk
 and prevent injury to the lower extremities
- **3840 Malignant hyperthermia precautions:** Prevention or reduction of hypermetabolic response to pharmacological agents used during surgery
- **1480 Massage:** Stimulation of the skin and underlying tissues with varying degrees of hand pressure to decrease pain, produce relaxation, and/or improve circulation
- **3300 Mechanical ventilation management: Invasive:** Assisting the patient receiving artificial breathing support through a device inserted into the trachea
- 3302 Mechanical ventilation management: Non-invasive: Assisting the patient receiving artificial breathing support which does not necessitate a device inserted into the trachea
- 3310 Mechanical ventilatory weaning: Assisting the patient to breathe without the aid of a mechanical ventilator
- 2300 Medication administration: Preparing, giving, and evaluating the effectiveness of prescription and nonprescription drugs
- 2308 Medication administration: Ear: Preparing and instilling otic medications
- 2301 Medication administration: Enteral: Delivering medications through a tube inserted into the gastrointestinal system
- 2310 Medication administration: Eye: Preparing and instilling ophthalmic medications
- 2311 Medication administration: Inhalation: Preparing and administering inhaled medications
- 2302 Medication administration: Interpleural: Administration of medication through an interpleural catheter for reduction of pain
- 2312 Medication administration: Intradermal: Preparing and giving medications via the intradermal route
- 2313 Medication administration: Intramuscular (IM): Preparing and giving medications via the intramuscular route
- 2303 Medication administration: Intraosseous: Insertion of a needle through the bone cortex into the medullary cavity for the purpose of short-term, emergency administration of fluid, blood, or medication
- 2319 Medication administration: Intraspinal: Administration and monitoring of medication via an established epidural or intrathecal route
- 2314 Medication administration: Intravenous (IV): Preparing and giving medications via the intravenous route
- 2320 Medication administration: Nasal: Preparing and giving medications via nasal passages
- 2304 Medication administration: Oral Preparing and giving medications by mouth
- 2315 Medication administration: Rectal: Preparing and inserting rectal suppositories
- 2316 Medication administration: Skin: Preparing and applying medications to the skin
- 2317 Medication administration: Subcutaneous: Preparing and giving medications via the subcutaneous route
- 2318 Medication administration: Vaginal: Preparing and inserting vaginal medications
- 2307 Medication administration: Ventricular reservoir: Administration and monitoring of medication through an indwelling catheter into the lateral ventricle of the brain
- 2380 Medication management: Facilitation of safe and effective use of prescription and over-thecounter drugs
- 2390 Medication prescribing: Prescribing medication for a health problem

- 2395 Medication reconciliation: Comparison of the patient's home medications with the admission, transfer and/or discharge orders to ensure accuracy and patient safety
- **5960 Meditation facilitation:** Facilitating a person to alter his/her level of awareness by focusing specifically on an image or thought
- 4760 Memory training: Facilitation of memory
- **4390 Milieu therapy:** Use of people, resources, and events in the patient's immediate environment to promote optimal psychosocial functioning
- **5330 Mood management:** Providing for safety, stabilization, recovery and maintenance of a patient who is experiencing dysfunctionally depressed or elevated mood
- **8020 Multidisciplinary care conference:** Planning and evaluating patient care with health professionals from other disciplines
- 4400 Music therapy: Using music to help achieve a specific change in behavior, feeling, or physiology
- **4410 Mutual goal setting:** Collaborating with patient to identify and prioritize care goals, then developing a plan for achieving those goals
- **1680 Nail care:** Promotion of clean, neat, attractive nails and prevention of skin lesions related to improper care of nails
- 1450 Nausea management: Prevention and alleviation of nausea
- **2620 Neurologic monitoring:** Collection and analysis of patient data to prevent or minimize neurologic complications
- **6880 Newborn care:** Management of neonate during the transition to extrauterine life and subsequent period of stabilization
- **6890 Newborn monitoring:** Measurement and interpretation of physiologic status of the neonate the first 24 hours after delivery
- 6900 Nonnutritive sucking: Provision of sucking opportunities for the infant
- **7200 Normalization promotion:** Assisting parents and other family members of children with chronic illnesses or disabilities in providing normal life experiences for their children and families
- 1100 Nutrition management: Assisting with or providing a balanced dietary intake of foods and fluids
- 1120 Nutrition therapy: Administration of food and fluids to support metabolic processes of a patient who is malnourished or at high risk for becoming malnourished
- 5246 Nutritional counseling: Use of an interactive helping process focusing on the need for diet modification
- 1160 Nutritional monitoring: Collection and analysis of patient data to prevent or minimize malnourishment
- 1710 Oral health maintenance Maintenance and promotion of oral hygiene and dental health for the patient at risk for developing oral or dental lesions
- 1720 Oral health promotion: Promotion of oral hygiene and dental care for a patient with normal oral and dental health
- 1730 Oral health restoration: Promotion of healing for a patient who has an oral mucosa or dental lesion
- **8060 Order transcription:** Transferring information from order sheets to the nursing patient care planning and documentation system
- 6260 Organ procurement Guiding families through the donation process to ensure timely retrieval
 of vital organs and tissue for transplant

- 0480 Ostomy care: Maintenance of elimination through a stoma and care of surrounding tissue
- 3320 Oxygen therapy: Administration of oxygen and monitoring of its effectiveness
- **4092 Pacemaker management: Temporary:** Temporary support of cardiac pumping through the insertion and use of temporary pacemakers
- 4091 Pacemaker management: Permanent: Care of the patient receiving permanent support of cardiac pumping through the insertion and use of a pacemaker
- 1400 Pain management: Alleviation of pain or a reduction in pain to a level of comfort that is acceptable to the patient
- **5562 Parent education: Adolescent:** Assisting parents to understand and help their adolescent children
- 5566 Parent education: Childrearing family: Assisting parents to understand and promote the physical, psychological, and social growth and development of their toddler, preschool, or schoolaged child/children
- 5568 Parent education: Infant: Instruction on nurturing and physical care needed during the first year of life
- 8300 Parenting promotion: Providing parenting information, support and coordination of comprehensive services to high-risk families
- 7440 Pass facilitation: Arranging a leave for a patient from a health care facility
- 4420 Patient contracting: Negotiating an agreement with an individual that reinforces a specific behavior change
- 2400 Patient-controlled analgesia (PCA) assistance: Facilitating patient control of analgesic administration and regulation
- **7460 Patient rights protection:** Protection of health care rights of a patient, especially a minor, incapacitated, or incompetent patient unable to make decisions
- 7700 Peer review: Systematic evaluation of a peer's performance compared with professional standards of practice
- **0560 Pelvic muscle exercise:** Strengthening and training the levator ani and urogenital muscles through voluntary, repetitive contraction to decrease stress, urge or mixed types of urinary incontinence
- 1750 Perineal care: Maintenance of perineal skin integrity and relief of perineal discomfort
- **2660 Peripheral sensation management:** Prevention or minimization of injury or discomfort in the patient with altered sensation
- 4220 Peripherally inserted central (PIC) catheter care: Insertion and maintenance of a
 peripherally inserted catheter either midline or centrally located
- 2150 Peritoneal dialysis therapy: Administration and monitoring of dialysis solution into and out of the peritoneal cavity
- **0630 Pessary management:** Placement and monitoring of a vaginal device for treating stress urinary incontinence, uterine retroversion, genital prolapse, or incompetent cervix
- 4232 Phlebotomy: Arterial blood sample: Obtaining a blood sample from an uncannulated artery
 to assess oxygen and carbon dioxide levels and acid-base balance
- 4234 Phlebotomy: Blood unit acquisition: Procuring blood and blood products from donors
- 4235 Phlebotomy: Cannulated vessel: Aspirating a blood sample through an indwelling vascular catheter for laboratory tests
- 4238 Phlebotomy: Venous blood sample: Removal of a sample of venous blood from an uncannulated vein

- **6926 Phototherapy: Mood/sleep regulation:** Administration of doses of bright light in order to elevate mood and/or normalize the body's internal clock
- 6924 Phototherapy: Neonate: Use of light therapy to reduce bilirubin levels in newborn infants
- **6580 Physical restraint:** Application, monitoring, and removal of mechanical restraining devices or manual restraints used to limit physical mobility of a patient
- 7710 Physician support: Collaborating with physicians to provide quality patient care
- **6590 Pneumatic tourniquet precautions:** Applying a pneumatic tourniquet, while minimizing the potential for patient injury from use of the device
- **0840 Positioning:** Deliberative placement of the patient or a body part to promote physiological and/or psychological well-being
- **0842 Positioning: Intraoperative:** Moving the patient or body part to promote surgical exposure while reducing the risk of discomfort and complications
- **0844 Positioning: Neurologic:** Achievement of optimal, appropriate body alignment for the patient experiencing or at risk for spinal cord injury or vertebral irritability
- **0846 Positioning: Wheelchair:** Placement of a patient in a properly selected wheelchair to enhance comfort, promote skin integrity, and foster independence
- 2870 Postanesthesia care: Monitoring and management of the patient who has recently undergone general or regional anesthesia
- 1770 Postmortem care: Providing physical care of the body of an expired patient and support for the family viewing the body
- 6930 Postpartal care: Monitoring and management of the patient who has recently given birth
- 7722 Preceptor: Employee: Assisting and supporting a new or transferred employee through a planned orientation to a specific clinical area
- 7726 Preceptor: Student: Assisting and supporting learning experiences for a student
- **5247 Preconception counseling:** Screening and providing information and support to individuals of childbearing age before pregnancy to promote health and reduce risks
- **6950 Pregnancy termination care:** Management of the physical and psychological needs of the woman undergoing a spontaneous or elective abortion
- 1440 Premenstrual syndrome (PMS) management: Alleviation/attenuation of physical and/or behavioral symptoms occurring during the luteal phase of the menstrual cycle
- **6960 Prenatal care:** Monitoring and management of patient during pregnancy to prevent complications of pregnancy and promote a healthy outcome for both mother and infant
- 2880 Preoperative coordination: Facilitating preadmission diagnostic testing and preparation of the surgical patient
- 5580 Preparatory sensory information: Describing in concrete and objective terms the typical sensory experiences and events associated with an upcoming stressful health care procedure/treatment
- 5340 Presence: Being with another, both physically and psychologically, during times of need
- 3500 Pressure management: Minimizing pressure to body parts
- 3520 Pressure ulcer care: Facilitation of healing in pressure ulcers
- 3540 Pressure ulcer prevention: Prevention of pressure ulcers for an individual at high risk for developing them
- 7760 Product evaluation: Determining the effectiveness of new products or equipment

- 8700 Program development: Planning, implementing, and evaluating a coordinated set of
 activities designed to enhance wellness, or to prevent, reduce, or eliminate one or more health
 problems for a group or community
- 1460 Progressive muscle relaxation: Facilitating the tensing and releasing of successive muscle groups while attending to the resulting differences in sensation
- **0640 Prompted voiding:** Promotion of urinary continence through the use of timed verbal toileting reminders and positive social feedback for successful toileting
- 1780 Prosthesis care: Care of a removable appliance worn by a patient and the prevention of complications associated with its use
- 3550 Pruritus management: Preventing and treating itching
- **7800 Quality monitoring:** Systematic collection and analysis of an organization's quality indicators for the purpose of improving patient care
- 6600 Radiation therapy management: Assisting the patient to understand and minimize the side effects of radiation treatments
- 6300 Rape-trauma treatment: Provision of emotional and physical support immediately following a reported rape
- 4820 Reality orientation: Promotion of patient's awareness of personal identity, time, and environment
- 5360 Recreation therapy: Purposeful use of recreation to promote relaxation and enhancement of social skills
- 0490 Rectal prolapse management: Prevention and/or manual reduction of rectal prolapse
- 8100 Referral: Arrangement for services by another care provider or agency
- 6040 Relaxation therapy: Use of techniques to encourage and elicit relaxation for the purpose of decreasing undesirable signs and symptoms such as pain, muscle tension, or anxiety
- 5422 Religious addiction prevention: Prevention of a self-imposed controlling religious lifestyle
- 5424 Religious ritual enhancement: Facilitating participation in religious practices
- **5350 Relocation stress reduction:** Assisting the individual to prepare for and cope with movement from one environment to another
- **4860 Reminiscence therapy:** Using the recall of past events, feelings, and thoughts to facilitate pleasure, quality of life, or adaptation to present circumstances
- 7886 Reproductive technology management: Assisting a patient through the steps of complex infertility treatment
- 8120 Research data collection: Collecting research data
- 8340 Resiliency promotion: Assisting individuals, families, and communities in development, use, and strengthening of protective factors to be used in coping with environmental and societal stressors
- 3350 Respiratory monitoring: Collection and analysis of patient data to ensure airway patency and adequate gas exchange
- 7260 Respite care: Provision of short-term care to provide relief for family caregiver
- 6320 Resuscitation: Administering emergency measures to sustain life
- 6972 Resuscitation: Fetus: Administering emergency measures to improve placental perfusion or correct fetal acid-base status
- **6974 Resuscitation: Neonate:** Administering emergency measures to support newborn adaptation to extrauterine life

- **6610 Risk identification:** Analysis of potential risk factors, determination of health risks, and prioritization of risk reduction strategies for an individual or group
- 6612 Risk identification: Childbearing: Family Identification of an individual or family likely to experience difficulties in parenting and prioritization of strategies to prevent parenting problems
- 6614 Risk identification: Genetic: Identification and analysis of potential genetic risk factors in an individual, family, or group
- **5370 Role enhancement:** Assisting a patient, significant other, and/or family to improve relationships by clarifying and supplementing specific role behaviors
- **6630 Seclusion:** Solitary containment in a fully protective environment with close surveillance by nursing staff for purposes of safety or behavior management
- 5380 Security enhancement: Intensifying a patient's sense of physical and psychological safety
- **2260 Sedation management:** Administration of sedatives, monitoring of the patient's response, and provision of necessary physiological support during a diagnostic or therapeutic procedure
- 2680 Seizure management: Care of a patient during a seizure and the postictal state
- **2690 Seizure precautions:** Prevention or minimization of potential injuries sustained by a patient with a known seizure disorder
- **5390 Self-awareness enhancement:** Assisting a patient to explore and understand his/her thoughts, feelings, motivations, and behaviors
- 1800 Self-care assistance: Assisting another to perform activities of daily living
- 1801 Self-care assistance: Bathing/Hygiene: Assisting patient to perform personal hygiene
- 1802 Self-care assistance: Dressing/Grooming: Assisting patient with clothes and appearance
- 1803 Self-care assistance: Feeding: Assisting a person to eat
- 1805 Self-care assistance: IADL: Assisting and instructing a person to perform instrumental activities of daily living (IADL) needed to function in the home or community
- 1804 Self-care assistance: Toileting: Assisting another with elimination
- 1806 Self-care Assistance: Transfer: Assisting a patient with limitation of independent movement to learn to change body location
- **5395 Self-efficacy enhancement:** Strengthening an individual's confidence in his/her ability to perform a health behavior
- 5400 Self-esteem enhancement: Assisting a patient to increase his/her personal judgment of self-worth
- **5922 Self-hypnosis facilitation:** Teaching and monitoring the use of a self-initiated hypnotic state for therapeutic benefit
- 4470 Self-modification assistance: Reinforcement of self-directed change initiated by the patient to achieve personally important goals
- 4480 Self-responsibility facilitation: Encouraging a patient to assume more responsibility for own behavior
- **5248 Sexual counseling:** Use of an interactive helping process focusing on the need to make adjustments in sexual practice or to enhance coping with a sexual event/disorder
- 8140 Shift report: Exchanging essential patient care information with other nursing staff at change of shift
- 4250 Shock management: Facilitation of the delivery of oxygen and nutrients to systemic tissue with removal of cellular waste products in a patient with severely altered tissue perfusion

- 4254 Shock management: Cardiac: Promotion of adequate tissue perfusion for a patient with severely compromised pumping function of the heart
- 4256 Shock management: Vasogenic: Promotion of adequate tissue perfusion for a patient with severe loss of vascular tone
- 4258 Shock management: Volume: Promotion of adequate tissue perfusion for a patient with severely compromised intravascular volume
- 4260 Shock prevention: Detecting and treating a patient at risk for impending shock
- **7280 Sibling support**: Assisting a sibling to cope with a brother or sister's illness/chronic condition/disability
- 3582 Skin care: Donor site: Prevention of wound complications and promotion of healing at the donor site
- 3583 Skin care: Graft site: Prevention of wound complications and promotion of graft site healing
- **3584 Skin care: Topical treatments:** Application of topical substances or manipulation of devices to promote skin integrity and minimize skin breakdown
- **3590 Skin surveillance:** Collection and analysis of patient data to maintain skin and mucous membrane integrity
- 1850 Sleep enhancement: Facilitation of regular sleep/wake cycles
- 4490 Smoking cessation assistance: Helping another to stop smoking
- 8750 Social marketing: Use of marketing principles to influence the health beliefs, attitudes and behaviors to benefit a target population
- 5100 Socialization enhancement: Facilitation of another person's ability to interact with others
- **7820 Specimen management:** Obtaining, preparing, and preserving a specimen for a laboratory test
- **5426 Spiritual growth facilitation:** Facilitation of growth in patient's capacity to identify, connect with, and call upon the source of meaning, purpose, comfort, strength, and hope in their lives
- 5420 Spiritual support: Assisting the patient to feel balance and connection with a greater power
- **0910 Splinting:** Stabilization, immobilization, and/or protection of an injured body part with a supportive appliance
- 6648 Sports-injury prevention: Youth: Reduce the risk of sports-related injury in young athletes
- 7850 Staff development: Developing, maintaining, and monitoring competence of staff
- 7830 Staff supervision: Facilitating the delivery of high-quality patient care by others
- 2720 Subarachnoid hemorrhage precautions: Reduction of internal and external stimuli or stressors to minimize risk of rebleeding prior to surgery or endovascular procedure to secure ruptured aneurysm
- 4500 Substance use prevention: Prevention of an alcoholic or drug use lifestyle
- **4510 Substance use treatment**: Supportive care of patient/family members with physical and psychosocial problems associated with the use of alcohol or drugs
- 4512 Substance use treatment: Alcohol withdrawal: Care of the patient experiencing sudden cessation of alcohol consumption
- 4514 Substance use treatment: Drug withdrawal: Care of a patient experiencing drug detoxification
- **4516 Substance use treatment: Overdose:** Monitoring, treatment, and emotional support of a patient who has ingested prescription or over-the-counter drugs beyond the therapeutic range
- 6340 Suicide prevention: Reducing risk of self-inflicted harm with intent to end life

- 7840 Supply management: Ensuring acquisition and maintenance of appropriate items for providing patient care
- **5430 Support group:** Use of a group environment to provide emotional support and health-related information for members
- **5440 Support system enhancement:** Facilitation of support to patient by family, friends, and community
- 2900 Surgical assistance: Assisting the surgeon/dentist with operative procedures and care of the surgical patient
- 2920 Surgical precautions: Minimizing the potential for iatrogenic injury to the patient related to a surgical procedure
- **2930 Surgical preparation:** Providing care to a patient immediately prior to surgery and verifying required procedures/tests and documentation in the clinical record
- **6650 Surveillance:** Purposeful and ongoing acquisition, interpretation, and synthesis of patient data for clinical decision-making
- **6652 Surveillance: Community:** Purposeful and ongoing acquisition, interpretation, and synthesis of data for decision-making in the community
- **6656 Surveillance: Late pregnancy:** Purposeful and ongoing acquisition, interpretation, and synthesis of maternal-fetal data for treatment, observation, or admission
- 6658 Surveillance: Remote electronic: Purposeful and ongoing acquisition of patient data via electronic modalities (telephone, video, conferencing, e-mail) from distant locations, as well as interpretation and synthesis of patient data for clinical decision-making with individuals or populations
- **6654 Surveillance: Safety:** Purposeful and ongoing collection and analysis of information about the patient and the environment for use in promoting and maintaining patient safety
- 7500 Sustenance support: Helping an individual/family in need to locate food, clothing, or shelter
- 3620 Suturing: Approximating edges of a wound using sterile suture material and a needle
- **1860 Swallowing therapy:** Facilitating swallowing and preventing complications of impaired swallowing
- **5602 Teaching: Disease process:** Assisting the patient to understand information related to a specific disease process
- **5603 Teaching: Foot care:** Preparing a patient at risk and/or significant other to provide preventive foot care
- **5604 Teaching: Group:** Development, implementation, and evaluation of a patient teaching program for a group of individuals experiencing the same health condition
- **5606 Teaching: Individual:** Planning, implementation, and evaluation of a teaching program designed to address a patient's particular needs
- **5640 Teaching: Infant nutrition 0-3 months:** Instruction on nutrition and feeding practices through the first three months of life
- **5641 Teaching: Infant nutrition 4-6 months:** Instruction on nutrition and feeding practices from the fourth month through the sixth month of life
- **5642 Teaching: Infant nutrition 7-9 months:** Instruction on nutrition and feeding practices from the seventh month through the ninth month of life
- **5643 Teaching: Infant nutrition 10-12 months:** Instruction on nutrition and feeding practices from the tenth month through the twelfth month of life
- 5645 Teaching: Infant safety 0-3 months: Instruction on safety through the first three months of life

- **5646 Teaching: Infant safety 4-6 months:** Instruction on safety from the fourth month through the sixth month of life
- **5647 Teaching: Infant safety 7-9 months:** Instruction on safety from the seventh month through the ninth month of life
- **5648 Teaching: Infant safety 10-12 months:** Instruction on safety from the tenth month through the twelfth month of life
- **5655 Teaching: Infant stimulation 0-4 months:** Teaching parents and caregivers to provide developmentally appropriate sensory activities to promote development and movement through the first four months of life
- **5656 Teaching: Infant stimulation 5-8 months:** Teaching parents and caregivers to provide developmentally appropriate sensory activities to promote development and movement from the fifth month through the eighth month of life
- **5657 Teaching: Infant stimulation 9-12 months:** Teaching parents and caregivers to provide developmentally appropriate sensory activities to promote development and movement from the ninth month through the twelfth month of life
- **5610 Teaching: Preoperative:** Assisting a patient to understand and mentally prepare for surgery and the postoperative recovery period
- **5612 Teaching: Prescribed activity/exercise:** Preparing a patient to achieve and/or maintain a prescribed level of activity
- 5614 Teaching: Prescribed diet: Preparing a patient to correctly follow a prescribed diet
- **5616 Teaching: Prescribed medication:** Preparing a patient to safely take prescribed medications and monitor for their effects
- **5618 Teaching: Procedure/treatment:** Preparing a patient to understand and mentally prepare for a prescribed procedure or treatment
- 5620 Teaching: Psychomotor skill: Preparing a patient to perform a psychomotor skill
- 5622 Teaching: Safe sex: Providing instruction concerning sexual protection during sexual activity
- 5624 Teaching: Sexuality: Assisting individuals to understand physical and psychosocial dimensions of sexual growth and development
- **5660 Teaching: Toddler nutrition 13-18 months:** Instruction on nutrition and feeding practices from the thirteenth month through the eighteenth month of life
- **5661 Teaching: Toddler nutrition 19-24 months:** Instruction on nutrition and feeding practices from the nineteenth month through the twenty-fourth month of life
- **5662 Teaching: Toddler nutrition 25-36 months:** Instruction on nutrition and feeding practices from the twenty-fifth month through the thirty-sixth month of life
- **5665 Teaching: Toddler safety 13-18 months:** Instruction on safety from the thirteenth month through the eighteenth month of life
- **5666 Teaching: Toddler safety 19-24 months:** Instruction on safety from the nineteenth month through the twenty-fourth month of life
- **5667 Teaching: Toddler safety 25-36 months:** Instruction on safety from the twenty-fifth month through the thirty-sixth month of life
- **5634 Teaching: Toilet training:** Instruction on determining the child's readiness and strategies to assist the child to learn independent toileting skills
- 7880 Technology management: Use of technical equipment and devices to monitor patient condition or sustain life
- **8180 Telephone consultation:** Eliciting patient's concerns, listening, and providing support, information, or teaching in response to patient's stated concerns, over the telephone

- 8190 Telephone follow-up: Providing results of testing or evaluating patient's response and determining potential for problems as a result of previous treatment, examination, or testing, over the telephone
- **3900 Temperature regulation:** Attaining and/or maintaining body temperature within a normal range
- **3902 Temperature regulation: Intraoperative:** Attaining and/or maintaining desired intraoperative body temperature
- 4430 Therapeutic play: Purposeful and directive use of toys and other materials to assist children
 in communicating their perception and knowledge of their world and to help in gaining mastery of
 their environment
- **5465 Therapeutic touch:** Attuning to the universal healing field, seeking to act as an instrument for healing influence, and using the natural sensitivity of the hands to gently focus and direct the intervention process
- **5450 Therapy group:** Application of psychotherapeutic techniques to a group, including the utilization of interactions between members of the group
- **4270 Thrombolytic therapy management:** Collection and analysis of patient data to expedite safe, appropriate provision of an agent that dissolves a thrombus
- 1200 Total arenteral nutrition (TPN) administration: Preparation and delivery of nutrients intravenously and monitoring of patient responsiveness
- 5460 Touch: Providing comfort and communication through purposeful tactile contact
- **0940 Traction/Immobilization care:** Management of a patient who has traction and/or a stabilizing device to immobilize and stabilize a body part
- 1540 Transcutaneous electrical nerve stimulation (TENS): Stimulation of skin and underlying tissues with controlled, low-voltage electrical vibration via electrodes
- 0970 Transfer: Moving a patient with limitation of independent movement
- 7890 Transport: Interfacility: Moving a patient from one facility to another
- 7892 Transport: Intrafacility: Moving a patient from one area of a facility to another
- **5410 Trauma therapy: Child:** Use of an interactive helping process to resolve a trauma experienced by a child
- **6362 Triage: Disaster:** Establishing priorities of patient care for urgent treatment while allocating scarce resources
- **6364 Triage: Emergency center:** Establishing priorities and initiating treatment for patients in an emergency center
- **6366 Triage: Telephone:** Determining the nature and urgency of a problem(s) and providing directions for the level of care required, over the telephone
- **5470 Truth telling:** Use of whole truth, partial truth, or decision delay to promote the patient's self-determination and well-being
- 1870 Tube care: Management of a patient with an external drainage device exiting the body
- 1872 Tube care: Chest: Management of a patient with an external water-seal drainage device exiting the chest cavity
- 1874 Tube care: Gastrointestinal: Management of a patient with a gastrointestinal tube
- 1875 Tube care: Umbilical line: Management of a newborn with an umbilical catheter
- 1876 Tube care: Urinary: Management of a patient with urinary drainage equipment
- 1878 Tube care: Ventriculostomy/lumbar drain: Management of a patient with an external cerebrospinal fluid drainage system

- **6982 Ultrasonography: Limited obstetric:** Performance of ultrasound exams to determine ovarian, uterine, or fetal status
- **2760 Unilateral neglect management:** Protecting and safely reintegrating the affected part of the body while helping the patient adapt to disturbed perceptual abilities
- **0570 Urinary bladder training:** Improving bladder function for those with urge incontinence by increasing the bladder's ability to hold urine and the patient's ability to suppress urination
- **0580 Urinary catheterization:** Insertion of a catheter into the bladder for temporary or permanent drainage of urine
- **0582 Urinary catheterization: Intermittent:** Regular periodic use of a catheter to empty the bladder
- 0590 Urinary elimination management: Maintenance of an optimum urinary elimination pattern
- 0600 Urinary habit training: Establishing a predictable pattern of bladder emptying to prevent incontinence for persons with limited cognitive ability who have urge, stress, or functional incontinence
- **0610 Urinary incontinence care:** Assistance in promoting continence and maintaining perineal skin integrity
- 0612 Urinary incontinence care: Enuresis: Promotion of urinary continence in children
- **0620 Urinary retention care:** Assistance in relieving bladder distention
- **6670 Validation therapy:** A method of therapeutic communication used with elderly person with dementia that focuses on emotional rather than factual content
- **5480 Values clarification**: Assisting another to clarify her/his own values in order to facilitate effective decision-making
- **9050 Vehicle safety promotion:** Assisting individuals, families and communities to increase awareness of measures to reduce unintentional injuries in motorized and non-motorized vehicle
- 2440 Venous access device (VAD) maintenance: Management of the patient with prolonged venous access via tunneled and nontunneled (percutaneous) catheters, and implanted ports
- **3390 Ventilation assistance:** Promotion of an optimal spontaneous breathing pattern that maximizes oxygen and carbon dioxide exchange in the lungs
- 7560 Visitation facilitation: Promoting beneficial visits by family and friends
- **6680 Vital signs monitoring:** Collection and analysis of cardiovascular, respiratory, and body temperature data to determine and prevent complications
- 1570 Vomiting management: Prevention and alleviation of vomiting
- 1240 Weight gain assistance: Facilitating gain of body weight
- 1260 Weight management: Facilitating maintenance of optimal body weight and percent body fat
- 1280 Weight reduction assistance: Facilitating loss of weight and/or body fat
- 3660 Wound care: Prevention of wound complications and promotion of wound healing
- 3661 Wound care: Burns: Prevention of wound complications due to burns and facilitation of wound healing
- 3662 Wound care: Closed drainage: Maintenance of a pressure drainage system at the wound site
- 3680 Wound irrigation: Flushing of an open wound to cleanse and remove debris and excessive drainage

