

# Cognitive Rehabilitation Worksheets for Stroke Patients

## Patient Information

Name: \_\_\_\_\_

Date of Birth: \_\_\_\_\_

Date of Assessment: \_\_\_\_\_

Therapist: \_\_\_\_\_

## Section 1: Memory

### Activity 1: Memory Recall Exercise

#### Instructions

1. Present a list of 10 common items or words to the patient.
2. Ask the patient to recall as many items/words as possible after a designated time (e.g., 5 minutes).

#### Results

- Patient's responses:

## Notes

## Section 2: Attention

### Activity 2: Selective Attention Exercise

#### Instructions

1. Provide a list of 15 items, including both relevant and irrelevant information.
2. Ask the patient to identify and circle only the relevant items.

#### Results

- Patient's responses
  - Relevant items circled: \_\_\_\_\_
  - Irrelevant items circled: \_\_\_\_\_

**Notes:**

## **Section 3: Problem-Solving**

### **Activity 3: Problem-Solving Scenario**

#### **Instructions**

1. Present a realistic problem scenario (e.g., planning a daily schedule).
2. Ask the patient to outline steps to solve the problem.

#### **Results**

- Patient's responses:

**Notes:**

## **Section 4: Language Skills**

### **Activity 4: Word Association**

#### **Instructions**

1. Provide a starting word.
2. Ask the patient to generate as many words as possible related to the starting word.

#### **Results**

- Patient's responses
  - Starting Word: \_\_\_\_\_
  - Words generated: \_\_\_\_\_

Notes:

Section 5: Overall Feedback and Recommendations

Overall Observations

Recommendations

Next Session Plan

Goals for the Next Session

Homework/Practice Assignments

Additional Comments