Cognitive Ability Test

CLIENT DETAILS:

Full Name: Michael Roberts

Date of Birth: 15/06/1985 Gender: Male

Address: 245 Elm Street

City: Springfield State: IL ZIP: 62704

Contact Number: (217) 555-1234

Email Address: michael.roberts@email.com

Referring Practitioner (if any): Dr. James Anderson

Date of Assessment: 09/10/2023

BACKGROUND INFORMATION:

Presenting Concerns:
Difficulty with memory and concentration at work.

Educational History: Bachelor's degree in Computer Science.

Occupational History: Software engineer for 10 years.

Medical History (relevant to cognition): History of mild traumatic brain injury 1 year ago.

Medications: None.

COGNITIVE ASSESSMENT AREAS:

1. **Memory:**
   a. Short-Term Memory:
   - Task: Recall a list of words after a short delay.
   - Result: 6 out of 10 words recalled.

   b. Long-Term Memory:
   - Task: Recall a list of words after a longer delay.
   - Result: 4 out of 10 words recalled.
2. **Attention and Concentration:**
   - Task: Counting and responding to specific stimuli within a given time.
   - Result: 12 out of 15 correct responses.
3. **Problem Solving and Logical Reasoning:**
   - Task: Solve puzzles or riddles within a time frame.
   - Result: 3 out of 5 correctly solved.

4. **Verbal Abilities:**
    - Task: Define words, complete verbal analogies, etc.
    - Result: 7 out of 10 correct responses.
5. **Visual-Spatial Abilities:**
    - Task: Interpret and analyze visual information, patterns, or shapes.
    - Result: 5 out of 8 correct responses.
6. **Processing Speed:**
    - Task: Complete simple tasks under timed conditions.
    - Result: Completed in 3 minutes/seconds.
7. **Working Memory:**
    - Task: Manipulate and recall information within short periods.
    - Result: 4 out of 7 correct responses.

GENERAL OBSERVATIONS:

Michael seemed anxious at the beginning of the session but became more comfortable as the assessment progressed. There were occasional moments of frustration, especially when he struggled with certain tasks.

INTERPRETATION:

Based on the results, the client's cognitive abilities in the areas of memory and processing sp appear to be within the 40th percentile range, indicating a below average level of performance compared to peers.

RECOMMENDATIONS:

1. Consider cognitive rehabilitation therapy to address specific deficits.
2. Engage in regular mental exercises like puzzles, reading, and memory games.
3. Consult with a neurologist to ensure there's no underlying medical condition.
4. Use tools like alarms, reminders, and organizers to support memory and task completion.

NOTES:

Client is motivated to improve and is open to recommendations.

Signature of Mental Health Practitioner: Dr. Patricia Nelson

Date: 09/10/2023