Coaching Package

Name/Business Name:

Lionel Berzatto Coaching Services

Details (address, phone number, email, and website):

21 Riverside Ave, Chicago, IL 6007
456-790-1111
www.lionelberzatto.com
contact@lionelberzatto.com

Coaching Package Name:

Personal Growth and Empowerment

Overview

The Personal Growth and Empowerment coaching package is designed to help individuals discover their true potential, overcome obstacles, and achieve personal and professional success. Through this transformative coaching journey, clients will gain clarity, build self-confidence, and develop actionable strategies to create positive and lasting changes in their lives.

Benefits

• Unlock your inner potential and discover your unique strengths.
• Gain clarity on your goals and aspirations, both personally and professionally.
• Overcome limiting beliefs and self-doubt to boost self-confidence.
• Improve decision-making skills and enhance problem-solving abilities.
• Develop effective strategies to navigate challenges and setbacks.
• Cultivate a growth mindset to embrace change and opportunities.
• Create a balanced and fulfilling life that aligns with your values.

Package details

Duration: 3 Months
Frequency: Bi-weekly
Session Format: Virtual (Zoom)
Session Duration: 60 minutes
Support: Email support between sessions

Coaching objectives

1. Identify and clarify personal and professional goals.
2. Uncover and address limiting beliefs that hinder growth.
3. Build self-awareness and understand strengths and areas for improvement.
4. Develop a personalized action plan to achieve set goals.
5. Cultivate resilience and strategies to overcome obstacles.
6. Enhance communication and interpersonal skills.
7. Foster a positive and growth-oriented mindset.

Module breakdown (if applicable)

To be discussed

Client responsibilities

• Attend coaching sessions on time and prepared.
• Complete assigned tasks and action steps.
• Maintain open and honest communication with the coach.
• Be committed to personal growth and willing to embrace change.

Investment

Total Package Cost: $5,000
Payment Options: Full payment upfront or two equal installments.

How to get started

To enroll in the Personal Growth and Empowerment coaching package, visit www.lionelberzatoo.com/get-started and fill out the contact form. We will schedule a complimentary discovery call to discuss your goals and determine if this coaching program is the right fit for you.

Terms and conditions

Cancellation Policy: Clients can reschedule or cancel sessions with at least 24 hours' notice.
Refund Policy: Refunds are not available after the first coaching session.
Confidentiality: All coaching sessions and personal information will be kept strictly confidential.

Testimonials

"Working with Leo has been a transformative experience. Hiscoaching helped me overcome my fears and gain the confidence to pursue my dreams. I highly recommend his Personal Growth and Empowerment coaching package." - Sarah T.

Additional notes