## Closeness Circle Interpersonal Therapy Worksheet

Date: June 5, 2023


Notes:
The people I'm closest with are my parents and siblings because I can be honest and I am not afraid of sharing things with them.
I haven't seen my childhood best friend in a while since they have been busy with work.
Currently, I receive the most support from my husband and co-worker turned friend since they're the ones I see and interact with most often.

